

**M.G.N COLLEGE OF EDUCATION, JALANDHAR
2020-21**

Best Practices-1

1. Title of the Practice: -

‘Go Green Initiative’

Context: - Our main focus behind this ‘Go Green’ program was to ensure the sustainability of natural resources. The motive was to promote an environmental friendly mind-set among the students and teachers to contribute towards the protection of the environment and prevent climate change.

Objectives of the Practice: - Our College initiated the ‘Go Green’ program in order to:

- Support a sustainable and climate-friendly environment.
- Encourage the students to acquire knowledge of environmental degradation.
- Acquire set of values for environment protection.
- Provide an opportunity for active participation in environmental decision making.

Practice: - To pursue with this initiative, NSS unit of the college celebrated World Environment Day on 5/6/2021. Mission Tandrust Punjab unit of the college organized Plastic Waste Campaign for environmental protection on 21/11/2020. Tree plantation programme was organized on 7/10/2020 Awareness regarding pollution free Diwali was given to the students by the NSS unit on 21/11/2020. World Environment protection day was also celebrated for awareness regarding environment on 26/11/2020. Also, invited guests were honored with by giving them green plants. All the students and teachers of the college participated in the Swachh Sarvekshan Abhiyan.

Obstacles faced if any and strategies adopted to overcome them: -

In community programmes, few obstacles were faced but finally this initiative proved out to be very helpful for students as well as teachers in the college keeping in mind environmental degradation being faced by the humanity in the present scenario.

Impact of Practice: ‘Go Green’ initiative proved out to be very helpful initiative for environment improvement. It helped the students in learning the recycling and reusing of products to reduce waste and decrease pollution level in the environment. Saving water, planting trees, growing

medicinal plants, contributing towards maintaining the natural ecological balance in the environment and preserving the planet and its resources were acquainted with students.

Resources Required: -

- Medicinal Plants
- College Lawns
- Gardening Equipments
- Projector
- Environmental awareness videos.

Best Practice-2

2. Title of the Practice:

COVID Awareness

Context: - COVID-19 was declared a ‘pandemic’ by the World Health Organization in early March 2020. During the pandemic situation, to understand the threaten level of virus in society, intensity of infection, its symptoms and precautions and as a socially responsible citizens, the college initiated the awareness drive against the outbreak of corona virus.

Objectives of the Practice: -

In view of Pandemic situation and under the guidelines of the government, the college planned to execute the awareness campaign to make surrounding people aware on how to manage themselves at home in such situation. The objectives for the drive were as follows:

- To train and orient the prospective teachers for ensuring health and safety.
- To create awareness and educate the students, faculty, staff and local community regarding preventive intervention techniques that would help in reducing the transmission of the disease.

Practice: - The College aimed to dispel misinformation regarding COVID and to promote healthy recommendations. The college adopted the necessary precautionary measure to avoid infection from illness by getting proper and reliable information from time to time. The college placed masks, sanitizer and digital thermometer with built-in electronic heat sensors at the gate. Periodic

sanitization with sanitizer machine was done by the college. Under the COVID Awareness Drive following activities were organized by the college:

An Interactive session on the topic 'COVID-19 Awareness' was organized on 11-06-2021. The campaign for acceptability of COVID 19 Vaccine held on 13/01/2021. Activity regarding Sanitizer Making was organized on 19/11/2020. NSS Program Officer and 30 NSS volunteers of the college took pledge to fight against Covid-19 on 08/10/2020. Under Fit India programme held on 26-08-2020, the students performed various yogic asanas and exercises in order to be healthy and sound. The college organized a vaccination camp on 27/7/2021 in the college premises. During this camp 100 doses of Covaxin were given to the students of the college as well as the members of community. Workshop on Preparation of Hand Sanitizer was conducted by Mission Tandrust Punjab unit of the college on 17/05/2021. The college organized different online activities like Power point Presentation, Slogan Writing, and Poster Making. Downloading Aarogya Setu App., the college motivated the students to download the same. Students also helped to get the training from Diksha app. regarding the basics of COVID 19.

Obstacles faced if any and strategies adopted to overcome them: -

The lockdown time period was a tough condition for everyone. People's adherence to preventive measures and vaccination were as a challenge. The college put efforts to motivate, train and instill positive attitude among students through their participation in various activities under this drive.

Impact: -

The students, staff and local community people were sensitized about the spread of Corona Virus and its prevention. Various clubs and committees of the college organized different and relevant activities regarding COVID Awareness. This was an evolving situation, and timely and accurate information was critical. Educating students and staff about positive preventive measures, talking to them about their fears, and giving them a sense of some control over risk of infection helped in reducing their anxiety. The college put sincere efforts in creating awareness on the deadly disease.

Resources required: -

- ICT Resource Centre

- Internet
- Projector
- Science Lab
- College Hall

Name of the Institution: Montgomery Guru Nanak College of Education, Jalandhar

Year of Accreditation: 2006

Address: Adarsh Nagar, Jalandhar

Grade Awarded by NAAC: B++

Email: mgncollege@yahoo.co.in

Contact Person for further Details : Dr Radha Arora

Website: www.mgncollege.org