

M.G.N COLLEGE OF EDUCATION, JALANDHAR

2021-22

Best Practices-1

1. Title of the Practice: -

Celebration of 75 years of Independence

Context: - ‘Azadi Ka Amrit Mahotsav’ is an initiative of the Government of India to celebrate and commemorate 75 years of independence and the glorious history of its people, culture and achievements. To contribute as a socially responsible citizens, the college resolves to participate proactively in “Azadi Ka Amrit Mahotsav” by organizing plethora of events related to the freedom struggle, ideas, achievements and actions so that the students can absorb the magnitude of sacrifices the nation has seen for its independence, the progress it has made socially, politically and economically over the decades and celebrate the diversity that it holds.

Objectives of the Practice: - The College organized activities for the Celebration of ‘75 years of Independence’ in order to:

- Increase awareness and interest in the nation’s journey and prospective growth.
- Encourage students to participate and celebrate the landmark achievements.
- Acquire set of values as the socially responsible citizens.

Practice: - Towards this endeavor, the college planned various activities throughout the session. The college also ensured the active participation by the students in varied events for the celebration of 75 years of India’s Independence- “Azadi Ka Amrit Mahotsav”. In this context, the college published its annual magazine, ‘JIWAN JAACH’ dedicating to 75 years of independence. The different clubs, committees and unit of the college celebrated 75 years of Independence by organizing various activities like:

- **E-Quiz:** 75 Years of Independence Day was celebrated by organizing E-Quiz from 09.08.2021 to 15.08.2021 in which 393 participants from various Institutions participated.
- **Inter House Essay Writing Competition:** Sadbhavna Divas was celebrated on 20.08.2021 by organizing Inter House Essay writing competition on the theme ‘National

Integration, Peace and Communal Harmony' in which 13 NSS volunteers from different houses of the college participated.

- **Van Mahotsav Celebration:** Van Mahotsav was celebrated on 20.08.2021 in which NSS volunteers of the college planted more than 60 plants in their surrounding areas.
- **Upload of Videos of Singing National Anthem:** More than 78 NSS volunteers and faculty members uploaded videos of singing National Anthem on the link shared by Ministry of Youth Affairs and Sports, Govt. of India and got E-Certificates.
- **Independence Day Celebration Day:** Independence Day was celebrated on 14.08.2021 by holding special assembly in which all the NSS volunteers were acquainted with the history of Independence followed by National Anthem.
- **FIT India Run 2.0:** NSS volunteers celebrated FIT India Run 2.0 under the theme 'Fitness Ki Dose, Adha Ghanta Roz' on 04.09.2021 in which many activities like running, yoga and other exercises were done by the NSS volunteers.
- **Online Inter House T-Shirt Painting Competition:** The college organized Online Inter House T-Shirt Painting Competition on 14.8.2021.
- **Jan Utsav Week:** The college celebrated Jan Utsav Week from 24.10.2021 to 31.10.2021 by organizing Poster Making Competition and Slogan Writing Competition on the theme, 'Ek Bharat Shreshta Bharat' on 27.10.2021. under 'Azadi Ka AmrIt Mahotsav'.
- **Cycle Rally:** The college organized Cycle Rally on 02.06.2022 to celebrate World Bicycle Day.
- **Shaheedi Divas:** The college observed the Shaheedi Divas on 23.03.2022 to pay reverence to Shaheed Bhagat Singh, Rajguru and Sukhdev who sacrificed their lives for the freedom, grandeur and wellbeing of India.
- **Webinar:** IQAC and Women Welfare Committee of the college organized a webinar on the topic, 'Nation Building through Value Based Education: Role of a Teacher' on 05.08.21.
- **Poetical Recitation and Patriotic Singing Competition:** The college conducted Poetical Recitation and Patriotic Singing Competition on 28.01.2022.

- **National Level Online Competitions:** The college conducted National Level Online Competitions on the theme '75 years of India's Independence' which include poster making, essay writing and poetical recitation held on 07.08.2022.

Obstacles faced if any and strategies adopted to overcome them: -

The college put sincere efforts to conduct the series of the activities on the same topic. The activities conducted by the prospective teachers with the help of Teacher in-charges proved to be a strength to the institution as these would be teachers will be the torch bearers for the future generations of our country.

Impact: -

The college has ensured the active participation of maximum number of students. It has successfully sensitized the participants as enthusiastic and futuristic teachers, towards the life-directing values and encouraged them to spread the message of 'National Integration, Peace and Communal Harmony'.

Resources required

- ICT resource Centre
- Art Lab
- Library
- College Hall
- Saplings from college lawns

Best Practice-2

2. Title of the Practice:

Series of activities on awareness regarding 'Conservation of Natural Environment'

Context: - Nature has been providing us with everything be it water, rain, sunlight oxygen, shelter or what not. In short nature is the solution to almost all problems. All we need to do is prevent the human race from obliterating further obliterate nature. In this context, the college has

taken an initiative to frame the series of activities on the theme, Conservation of Natural Environment as an awareness among our students and to make them the conscious citizens of India. So, the college has a vital motive for this practice that is to bring consciousness in the community regarding environment conservation.

Objectives of the Practice: -

To elucidate the crucial need to save the environment from further degradation, the college initiated this practice in order to:

- To educate prospective teachers regarding environmental conservation in contemporary times.
- To sensitize prospective teachers to acquire knowledge, skill, attitude about Conservation of Natural Environment.
- To identify the right ways and means for educating and preparing the students for sustainable environmental education as teachers.

Practice: - The college intended to give practical shape to this initiation and conducted various activities to make our prospective teachers conscious of the natural environment. For this, various clubs and committees of the college conducted different programmes.

- **Morning Assemblies:** The morning assemblies were organized on the theme, 'Conservation of Natural Environment' under various sub theme. 'Energy Conservation' on 15-02-2022 by Gandhi House, 'Waste Management' on 24-02-2022 by Tagore House and 'Water Management' on 25-02-2022 by Aurobindo House.
- **Formation of pit:** The college formed a pit to manage the green waste in the campus. It made students aware of waste management. The residue of kitchen tea is also used as manure for college lawns.
- **World Environment Day:** The College celebrated World Environment Day on 31.05.2022. the college students participated in the day celebration by planting trees in the community area and by giving awareness letters to the school students. A cycle rally was also organised to make the people aware of the environmental threats.

- **World Bicycle Day:** The college organized Cycle Rally on 02.06.2022 to popularize the usage of cycling to solve the dual issues of global warming and and Healthy lifestyle.
- **Eco friendly themes:** The various competitions were conducted with the theme of ‘Save Environment’.
- **Diya Decoration Competition:** Diya Decoration Competition was organized to celebrate eco-friendly Diwali in the college on 03.11.2021.
- **Cycle Rally:** To celebrated World Health Day, the college organized a Cycle Rally on 07.04.22. The students conducted the awareness campaign regarding the usage of cycle in our daily life at Government Senior Secondary School, Adarsh Nagar. The pamphlets regarding benefits of cycling were distributed among the stakeholders during the cycle rally.
- **Distribution of saplings:** International Women’s Day was celebrated on 08.03.2022. during the celebration, saplings with earthen pots were distributed amongst the girls.
- **Swachh Bharat Pakhwada:** The college organised Swachh Bharat Pakhwada, from 01.08.2021 to 15.08.2021 and the activities were awareness on India free from ‘Single use Plastic’, Cleanliness Drive, Awareness campaign through Lectures/ Discussions/ Videos/ Presentations on the topics: Techniques of water conservation and rain water harvesting, Renovation of traditional and other water bodies/tanks, Water Shed Development, Water recycling plants, Efficient utilization of water at home, campus and community, Harmful effects of plastics especially single use plastic. Competitions like: Slogan writing on Swachhta/ Water Conservation, Poster making on Swachhta/ Water Conservation and Swachhta Pledge.
- **Tree Plantation:** Van Mahotsav was celebrated by NSS Unit on 13.08.21 by planting trees on road side and Van Mahotsav was celebrated on 20.08.2021 in which NSS volunteers of the college planted more than 60 plants in their surrounding areas. Tree plantation under the theme ‘Poshan Vatika’ was done by the NSS volunteers of the college on 07.09.2021 by planting different types of trees in their surrounding areas.
- **Cleanliness Drive:** NSS Unit of the college conducted cleanliness drive under the Clean India Programme from 01.10.2021 to 31.10.2021. The volunteers participated wholeheartedly in the drive by cleaning the college campus and surrounding areas.

- **Camp:** A seven days NSS camp was organized by the college at Sangal Sohal village from 28.12.2021 to 03.01.2022, in which 50 NSS volunteers participated. During the camp volunteers conducted various activities like rally on Environment protection Nukkad Natak on save environment, cleanliness drive, lectures on personal hygiene, tree plantation and waste segregation.

Obstacles faced if any and strategies adopted to overcome them: -

During these programmes, few obstacles were faced but finally this practice proved out to be very helpful for students to motivate, train and shape their attitude towards conservation of environment.

Impact: -

The students, staff and local community people were sensitized about the Conservation of Natural Environment. The prospective teachers made a connection with community and educate school students about the positive measures, environmental fears and the sense of control to conserve natural resources. It facilitated the students to understand the reduce, reuse and recycle for sustainable environment.

Resources required: -

- ICT Resource Centre
- Internet
- Science Lab
- College Hall
- College Lawns
- Saplings

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