# **ANNUAL REPORT (2022-23)**

Montgomery Guru Nanak College of Education, Jalandhar has prepared professional, creative and humane teachers since its inception. Another glorious year has been added to the history of the college, which was full of curricular as well as co-curricular activities. The session began on 12th September, 2022.

#### INAUGURAL SESSION AND ORIENTATION PROGRAMME

In orientation programme, the students were familiarized with the teacher education profession. The students were explained about content outlines, examination system, code of conduct and different activities to be carried out during the whole session. The detail of the same is as follows:

The orientation programme for B.Ed. Sem.-III was held on 12<sup>th</sup> September, 2022. Under this, Dr. Meharban Singh oriented regarding the schedule and activities to be conducted during School Internship. Dr. Kiran Walia and Mrs. Gaganpreet Kaur oriented the students regarding the day wise activities to be conducted during Field engagement with Community.

The Orientation Programme for B.Ed. Sem.-I was held on 1<sup>st</sup> October 2022 and 3<sup>rd</sup> October 2022, in which the students were introduced with various subjects and activities of the course. Mrs. Neelu Jhanji explained about Paper III- Education and Development. Dr Radha Arora oriented about Paper I- Understanding the learner and learning Process and also allocated the sections and declared the time table. Dr Pooja Arora oriented about Paper II- Contemporary India and Education. Dr Kiran Walia oriented the students about Paper CP III- Language Across the Curriculum. Dr Seema rani oriented regarding the subject EPC I. Dr. Kiran Walia and Mrs. Gaganpreet Kaur elaborated different activities taken up under NSS Camp and explained about different college Clubs and their activities. Dr. Ravjeet Kaur threw light on the Examination Scheme. Later on the details related to cultural activities including talent hunt, co-curricular activities and youth festivals was given by Dr. Pooja Bhardwaj. Dr Meharban Singh oriented about different Pedagogy subjects.

The orientation programme for B.Ed. Sem.-IV was held on 6<sup>th</sup> and 7<sup>th</sup> February, 2023. Under this, students were oriented towards the Paper IX- School Management by Mrs Neelu Jhanji. Further Dr. Radha Arora gave guidelines regarding the Paper VII- Guidance and Counselling. Dr. Pooja Bhardwaj enlightened about content and sessional work related to Paper VIII- Inclusive Education. Students were oriented towards the Paper VI- Gender, School and Society by Dr. Kiran Walia. Mrs. Shivani Gulati threw light on the Paper EPC-III- Enriching Learning through ICT. Dr Pooja Arora oriented regarding the Paper EPC-IV-Understanding the Self. S. Harkamaljit Singh gave orientation regarding the optional courses under CP-V and also explained about the variety of Physical activities conducted in the college.

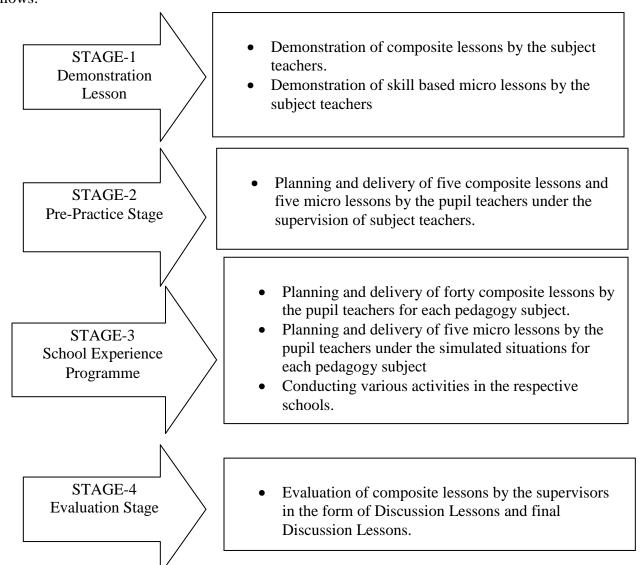
The orientation programme for B.Ed. Sem.-II was held on 20<sup>th</sup> and 21<sup>st</sup> February, 2023. Under this, students were oriented towards the Paper IV- Understanding the Learning Process by Dr. Pooja Bhardwaj. Further, Dr. Meharban Singh gave orientation regarding Paper V- Educational Technology and ICT. Dr. Pooja Arora threw light on the Paper CP V- Assessment for Learning.

Dr. Seema Rani explained about different pedagogy subjects in this semester. Mrs Geetanjali Mittu oriented regarding the Paper EPC-II- Art. S. Maninder Pal Singh oriented regarding the relevance of Paper EPC-II- Drama. Students were oriented towards the Paper- FE II by Mrs. Gaganpreet Kaur. S. Harkamaljit Singh explained about the variety of Games and Sports activities conducted in the college.

# PRACTICE TEACHING PROGRAMME

A central aspect of Teacher Education Programme is the school experience programme in schools, popularly known as Practice Teaching for Student Teachers. During Practice Teaching students are given opportunities to observe experienced teachers at work and to develop practical skills, particularly in the areas of planning, teaching class-room management and organizing learning activities for pupils.

It is conducted in four stages: pre-practice stage, demonstration lessons, school experience programme- actual practice stage at practicing schools, evaluation stage Pre-practice programme was held in the College on 10<sup>th</sup> September, 2022. The programme is designed as follows:



Demonstration lessons for composite lesson plans were delivered by the subject teachers to the students on 10<sup>th</sup> September, 2022. Demonstration lessons for Micro Lessons in various skills were also given by the teachers. During pre practice programme , students prepared the files regarding framing of P.K. testing questions, behavioral objectives and lesson plans of composite and micro lessons.

Different government schools were allocated for Teaching Practice, which was carried from 12<sup>th</sup> September, 2022 to 23<sup>rd</sup> December, 2022 (as per the directions by SCERT). During Practice Teaching Programme, the students prepared and delivered lesson plan every day for each teaching subject. In addition to this, students also participated in the various activities carried out in the practicing schools. The activities are as follows:

- 1. Conducting and participating in Morning Assembly.
- 2. Organizing Physical Training Programme after Morning Assembly.
- 3. Delivering Lectures on social/moral/cultural issues in the Morning assembly.
- 4. Organizing different competitions i.e. Quiz, Painting, Essay Writing, Declamation, Debate etc.
- 5. Celebration of different festivals and important days during the period of teaching practice.
- 6. Maintaining Attendance Register and Stock Register.
- 7. Conducting Sports Meet.
- 8. Maintaining/ Beautification of school campus.

First Discussion of B.Ed. students was taken on 28<sup>th</sup> and 29<sup>th</sup> October, 2022.

Second Discussion was held on 28<sup>th</sup> November, 2022.

Final Discussion was held on 1st February and 2nd February, 2023.

#### MORNING ASSEMBLIES

Morning Assemblies are most important feature of the college's co-curricular activities.

This activity is planned House wise. During this session, morning assemblies were organized on the theme "Role of Teacher in enhancing 21<sup>st</sup> Century Skills" for B.Ed. Sem-I on following topics:

Plato
House

• Cultivating Learning Skills held on 11-11-2022

• Nurturing Literacy Skills held on 15-11-2022

Rousseau
House

• Fostering Life Skills held on 18-11-2022

A series of Morning Assemblies on the theme- 'Positive Mindset for Personal Growth' for B.Ed. Sem. IV was conducted in the College under the following topics:-

• Optimistic Attitude Towards Life held on 17-04-2023

Tagore
House

• Self Discipline for Better Living held on 21-04-2023

• Time Management for Enhancing Productivity held on 25-04-2023

#### HIGHLIGHTS OF VARIOUS CLUBS'ACTIVITIES

#### **CULTURAL CLUB**

# • Celebration of 115<sup>th</sup> Birth Anniversary of Shaheed Bhagat Singh

As per the directions of DPI (C), Punjab, Cultural Club of the college celebrated 115<sup>th</sup>BirthAnniversary of Shaheed Bhagat Singh on 28-09-2022. On thisday, a cycle rally was organized in the memory of S.Bhagat Singh being inaugurated by Mrs.Renu Qaumi, grand daughter in law of Sh.Gopal Singh Qaumi, who actively participated in Quit India Movement, Simon Commission boycott and remained in confinement for 13 years during freedom struggle. During the rally, pamphlets about the life of Shaheed Bhagat Singh were distributed among community. The rally was follwed by symposium on the Philosophy of life of Shaheed Bhagat Singh.During symposium by Mamta Chingotra, Amit Kumar and Aarti threw light on the incidents of S.Bhagat Sing's life and his Philosophy. The event was concluded with a play 'Main Bhagat Singh' and executed by Amit Kumar along with students of G.S.S., Ibban. Students of the College also conducted activities in different practicing Government Schools.

While speaking on this occasion, Principal Mrs.Neelu Jhanji threw light on the bravery and courage of S.Bhagat Singh and how his revolutionary ideas and supreme sacrifice which awakened the youth of the country and appealed the would be teachers to follow the path and light shown by S.Bhagat Singh.The event was coordinated by Dr.Pooja Bhardwaj.

# • Online Quiz Competition

Following students of our College participated in **Online Quiz Competition**, organized by District Election Office, Jalandhar on 02-10-2022.

Item	Name	Class/ R.No	Position

Quizzard	Palak Sanan	B.Ed. Sem-II/140	
	Gagandeep	B.Ed. Sem-II/05	Participation
	Chetna	B.Ed. Sem-II/106	

Dr Pooja Bhardwaj coordinated the event.

#### • Zonal Youth Festival

Students of the college participated in Zonal Youth Festival for Education colleges held on 06.10.2022 & 07.10.2022 at GNDU, Amritsar. Students participated in various literary, Fine arts, Theatrical and Musical events and bagged different positions. Dr. Pooja Bhardwaj coordinated the events. Dr. Radha Arora was the overall incharge. Following students of our College have won various positions in G.N.D.U. Zonal Youth Festival held at Guru Nanak Dev University Campus, Amritsar

Item	Name	Father's Name	Class/ R.No	Position
Collage	Vanshika Aggarwal	Gautam Aggarwal	B.Ed Sem-I/117	Second
Mehandi	Sangeeta	Shankar	B.Ed Sem-III/689	Second
Poetical	Sawangeet Kaur	Narinderpal Singh	B.Ed Sem-III/658	Second
Symposium				
Poster Making	Harmanpreet Kaur	Sital Dass	B.Ed Sem-III/623	Third
Clay Modeling	Pratiksha	Rakesh Kumar	B.Ed Sem-I/128	Third
Rangoli	Damanpreet Kaur	Narinder Singh	B.Ed Sem-I/105	Third
Group	Krishma	Subash Chander	B.Ed Sem-I/150	Third
Shabad/Bhajan	Megha Aggarwal	Ashwani Kumar	B.Ed Sem-I/627	
	Deeksha Sharma	Shalinder Mohan	B.Ed Sem-III/668	
	Mandeep Singh	Harjeet Singh	B.Ed Sem-III/507	
	Renu Kapoor	Hem Raj Kapoor	B.Ed Sem-III/679	
	Vinod Raj	Rana Ram	B.Ed Sem-III/506	
Group Song	Mandeep Singh	Harjeet Singh	B.Ed Sem-III/507	Third
	Renu Kapoor	Hem Raj Kapoor	B.Ed Sem-III/679	
	Deeksha Sharma	Shalinder Mohan	B.Ed Sem-III/668	
	Krishma	Subash Chander	B.Ed Sem-I/150	
	Vinod Raj	Rana Ram	B.Ed Sem-III/506	
	Nitin	Hans Raj	B.Ed Sem-I/01	
Skit	Anshuman Bains	Arvind Kumar	B.Ed Sem-III/674	Third
	Diksha	Prithi Chand	B.Ed Sem-III/654	
	Aarti	Ashwani Kumar	B.Ed Sem-III/678	
	Mandeep Singh	Harjeet Singh	B.Ed Sem-III/507	
	Vanshika Aggarwal	Gautam Aggarwal	B.Ed Sem-III/117	
	Pratiksha	Rakesh Kumar	B.Ed Sem-III/128	

#### National Science Day (An Inter College Science Fest)

Following students of our College participated in **National Science Day (An Inter College Science Fest)** held at Lyallpur Khalsa College, Jalandhar on 25-03-2023 and won various positions.

Item	Name	Class/ R.No	Position
PowerPoint	Chetna	B.Ed. Sem-II/106	Third
Presentation			
Poster	Harmanpreet Kaur	B.Ed. Sem-IV/623	Third
Presentation			

Dr Pooja Bhardwaj and Dr Seema Rani coordinated the event.

#### • Mela Gadri Babayan Da

Following students of our College participated in **Mela Gadri Babayan Da**, held at Desh Bhagat Yadgar Hall, Jalandhar from 30-10-2022 to 01-11-2022 and won various prizes.

Item	Name	Class/ R.No	Position
Singing Solo	Karishma	B.Ed. Sem-I/150	Consolation (500/- Cash
			prize)
Painting	Harmanpreet Kaur	B.Ed. Sem-III/623	Consolation (200/- Cash
			prize)

Dr Pooja Bhardwaj coordinated the event.

# • Talent Hunt Competition

To explore the talent of youth, 'Talent Hunt Programme' was organized in the college premises on 02.11.2022 and 03.11.2022. Under this programme various competition were held under Fine Arts category (Rangoli, Landscape, Still Life Painting, Mehndi, Slogan writing, Collage Making, Phulkari, Clay Modeling, Poster Making, Cartooning and Sketching), Literary category (Poetical Symposium, Elocution and Debate) and Cultural category (Singing, Dancing and Acting). Around 40 students participated in the various categories with full enthusiasm.

While speaking on the occasion, Principal Mrs.Neelu Jhanji said that as a teacher we need to ensure the overall development of the personality of our students and for this along with academic excellence, having skills in other fields as well is needed. She motivated all the students to participate in co-curricular activities for the harmonious development of their personality. At the end of the event, she also gave away prizes to all the winners. The Judgement of competitions was done by Dr.Ravjeet Kaur and Mrs.Geetanjali Mittu. The supervision of event was done by Dr.Pooja Bhardwaj and Mr.Maninder Pal Singh. Dr.Pooja Bhardwaj along with student Chetna and Vanshika conducted the stage. Dr.Radha Arora was the overall incharge.

#### Result of 'Talent Hunt' function held on 02.11.2022 & 03.11.2022

Sr.No	Name	Father's Name	Class/Section	Roll	Position
		(Sh.)		No.	
1	Simranpreet Kaur	Balwinder Singh	B.Ed Sem	132	First
			I/A		
2	Sapna	Jaswinder	B.Ed Sem	104	Second
			I/C		
3	Diksha	Prem Kumar	B.Ed Sem	148	Third
			I/B		

# Cartooning

Sr.No	Name	Father's Name	Class/Section	Roll	Position
		(Sh.)		No.	
1	Damanpreet	Narinder Singh	B.Ed Sem	105	Consolation
	Kaur		I/B		

# **Clay Modeling**

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Sr.No	Name	Father's Name	Class/Section	Roll	Position
		(Sh.)		No.	
1	Pratiksha	Rakesh Kumar	B.Ed Sem	128	First
			I/B		
2	Sapna	Jaswinder	B.Ed Sem	104	Second
			I/C		
3	Harpreet Kaur	Bawa Lal	B.Ed Sem	120	Consolation
			I/A		

# **Poster Making**

Sr.N	Name	Father's Name	Class/Sectio	Roll	Position
О		(Sh.)	n	No.	
1	Vanshika	Gautam	B.Ed Sem	117	First
	Aggarwal	Aggarwal	I/B		
2	Jaspreet Kaur	Jaswant Singh	B.Ed Sem	127	Second
			I/A		
3	Mamta	Avtar Singh	B.Ed Sem	144	Third
			I/C		

# **Slogan Writing**

Sr.No	Name	Father's Name	Class/Section	Roll	Position
		(Sh.)		No.	
1	Jaspreet Kaur	Jaswant Singh	B.Ed Sem	127	First
			I/A		
2	Diksha	Prem Kumar	B.Ed Sem	148	Second
			I/B		
3	Palak Sanan	Mahesh Sanan	B.Ed Sem	140	Third
			I/A		

# Landscape

Sr.No	Name	Father's Name	Class/Section	Roll	Position
		(Sh.)		No.	
1	Chavi	Sandeep	B.Ed Sem	124	Consolation
	Maheshwari	Maheshwari	I/A		

# Still Life

Sr.No	Name	Father's Name	Class/Section	Roll	Position
		(Sh.)		No.	
1	Chavi	Sandeep	B.Ed Sem	124	Consolation
	Maheshwari	Maheshwari	I/A		

# Phulkari

Sr.No	Name	Father's Name	Class/Section	Roll	Position
		(Sh.)		No.	
1	Krishma	Subash Chander	B.Ed Sem	150	Consolation
			I/B		

# **Collage Making**

Sr.No	Name	Father's Name	Class/Section	Roll	Position
		(Sh.)		No.	
1	Vanshika	Gautam	B.Ed Sem	117	Consolation
	Aggarwal	Aggarwal	I/B		

# **Sketching**

S	Sr.No	Name	Father's Name	Class/Section	Roll	Position
			(Sh.)		No.	
1	1	Chaurasiya	Indrajeet	B.Ed Sem	108	Consolation
		Durgavati Shri	Chaurasiya	I/C		
		Indrajeet				

# **Sketching**

Sr.No	Name	Father's Name	Class/Section	Roll	Position
		(Sh.)		No.	
1	Shivani Devi	Bihari Lal	B.Ed Sem	103	First
	Sharma		I/B		
2	Harsimran Kaur	Jatinder Pal	B.Ed Sem	102	Second
		Singh	I/B		
3	Pratiksha	Rakesh Kumar	B.Ed Sem	128	Third
			I/B		

# **Literary and Cultural Competition (03.11.2022)**

# **Poetical Symposium**

S.No	Name	Father's Name (Sh.)	Class/ Section	Roll	Position
				No	
1	Dawinderjit Kaur	Balwinder Singh	B.Ed.Sem-I/C	111	First
2	Khushdeep Kaur	Balwinder Singh	B.Ed.Sem-I/B	151	Second
3	Chaurasiya	Sh.Indrajeet	B.Ed Sem I/C	108	Third
	Durgavati Shri	Chaurasiya			
	Indrajeet				

#### **Elocution and Debate**

S.No	Name	Father's Name (Sh.)	Class/ Section	Roll	Position
				No	
1	Harsimran Kaur	Jatinder Pal Singh	B.Ed Sem I/B	102	First
2	Dawinderjit Kaur	Balwinder Singh	B.Ed.Sem-I/C	111	Second

# **Singing**

S.No	Name	Father's Name (Sh.)	Class/ Section	Roll	Position
				No	
1	Krishma	Subash Chander	B.Ed.Sem-I/B	150	First
2	Arshdeep Singh	Sakattar Singh	B.Ed.Sem-I/C	03	Second
3	Pooja	Gurdeep Singh	B.Ed.Sem-I/A	155	Third
4	Sejal Sharma	Arun Sharma	B.Ed.Sem-I/B	167	Consolation

# **Dancing**

S.No	Name	Father's Name (Sh.)	Class/ Section	Roll	Position
				No	
1	Deep Shikha	Pawan Kumar	B.Ed.Sem-I/A	129	First
2	Krishma	Subash Chander	B.Ed.Sem-I/B	150	Second
3	Harsimran Kaur	Jatinder Pal Singh	B.Ed Sem I/B	102	Third
4	Dipika	Sanjeev Kumar	B.Ed.Sem-I/C	159	Consolation

# • Inter Zonal Youth Festival

Following students of the college qualified for and participated in Inter Zonal Youth Festival held from 20-11-2022 to 22-11-2022 at GNDU, Amritsar.

- 1. Sawangeet Kaur (B. Ed. Sem III/658) Poetical Recitation
- 2. Vanshika aggarwal (B. Ed. Sem I/117) Collage
- 3. Sangeeta (B. Ed. Sem IV/658) Mehndi

Dr Pooja Bhardwaj co-ordinated the events.

• Inter College Media Competition- MEDIA CARNIVAL

Following student of our College participated in **Inter College Media Competition-MEDIA CARNIVAL**, organized by Department of Journalism & Mass Communication, G.N. D.U. Regional Campus, Jalandhar on 19-04-2023 and won various positions.

Item	Name	Class/ R.No	Position
Poetical Recitation	Sawangeet Kaur	B.Ed. Sem-IV/658	Second
RJ Hunt	Mata Chingotra	B.Ed. Sem-IV/671	Second
Report Writing	Ranchana Kumari	B.Ed. Sem-II/113	Second

Dr Pooja Bhardwaj prepared the students and coordinated the event.

#### • Inter College Competitions in Poster Making and PowerPoint Presentation

Following student of our College participated in **Inter College Competitions in Poster Making and PowerPoint Presentation**, organized by Guru Nanak College of Education for Women, Kapurthala on 12-04-2023 and won various positions.

Item	Name	Class/ R.No	Position
Poster Making	Harmanpreet Kaur	B.Ed. Sem-IV/623	First
PowerPoint	Harleen Kaur Sahnan	B.Ed. Sem-II/101	Consolation
Presentation			

Mrs Shivani Gulati and Mrs Geetanjali Mittu prepared the students. Dr Pooja Bhardwaj coordinated the event.

#### • Inter College Competition (I.T. Euphoria& Brainstorm)

Following students of our College have won various positions in **Inter College Competition** (**I.T. Euphoria& Brainstorm**), organized by Kanya Maha Vidyalaya, Jalandhar on 15-03-2023.

Item	Name	Class/ R.No	Position
Quizzard	Palak Sanan	B.Ed. Sem-II/140	
	Gagandeep	B.Ed. Sem-II/05	
	Chetna	B.Ed. Sem-II/106	
Ramp Walk-	Janvi Mehta	B.Ed. Sem-IV/628	
Advertisement			Participation
Design Thinking	Harsimran Kaur	B.Ed. Sem-II/102	
(Logoli)			
Coloreels	Janvi Mehta	B.Ed. Sem-IV/628	
	Paras	B.Ed. Sem-IV/501	

Dr Pooja Bhardwaj coordinated the event.

#### • Lohri Celebration

Cultural Club of the college celebrated the harvest festival of Punjab, 'Lohri' in the College premises with great joy and zeal on 13-01-2023. On this day, Mandeep Singh with his prayer took blessings of the Almighty.Mamta Chingotra threw light on the cultural and historical significance of the festival Lohri. Renu Kapoor and Amanpreet with their folk dance and Harsimran Kaur with her Bhangra mesmerised the audience. Geetika Jain and Karishma with their beautiful folk song and tappemade the environment musical. All the students and teachers dressed up in vibrant colours and enjoyed rewri and groundnuts around the traditional bonfire. While speaking on the occasion, Principal Mrs.Neelu Jhanji gave her heartfelt wishes to the students and staff members. The stage was conducted by Sawangeet Kaur. Dr.Pooja Bhardwaj coordinated the event.

## • Tribute to Martyrs

Cultural Club of the college celebrated the Shaheedi Diwas of Shaheed Bhagat Singh, Rajguru and Sukhdev in the College premises on 23-03-2023. On this day, student of the College Ranchna Kumari, with her speech threw light on the life and the freedom struggle of Shaheed Bhagat Singh. Dawinderjit Kaur with her poem 'Kurbani' paid homage to the sacrifice of martyrs. On this occasion, Principal Mrs.Neelu Jhanji paid floral tribute to Shaheed Bhagat Singh along with other staff members and appealed the youth to keep in mind that the seeds of nation have been watered by the blood of the martyrs. She also said that our martyrs always keep us motivated to keep our country first and value the perks of freedom. Dr.Pooja Bhardwaj coordinated the event.

# • Essay Writing Competition

Following students of our College participated in **Essay Writing Competition** under G20 University Connect Lecture Series held at Guru Nanak Dev University Campus, Amritsar on 26-04-2023 and won various positions.

Item	Name	Class/ R.No	Position
<b>Essay Writing</b>	Mamta Chingotra	B.Ed. Sem-IV/671	Third

Dr Pooja Bhardwaj coordinated the event.

#### • Annual Fest- COLORS 2023 Competitions

Following student of our College participated in **Annual Fest- COLORS 2023 Competitions**, organized by CT Group of Institutions, Greater Kailash, G.T. Road, Maqsudan, Jalandhar on 04-03-2023 and won various positions.

Item	Name	Class/ R.No	Position
Photo Bombing	Paras	B.Ed. Sem-IV/501	First
(On the Spot			
Photography)			
Food Poker	Monika	B.Ed. Sem-IV/685	Second
(Salad Making)	Noor Ala Noor	B.Ed. Sem-IV/502	

Alpana	Damanpreet Kaur	B.Ed. Sem-II/105	Second
(Rangoli)	Shivani devi Sharma	B.Ed. Sem-II/103	

Dr Pooja Bhardwaj coordinated the event.

## • Celebration of National Mathematics Day

Following students of our College participated in **Celebration of National Mathematics Day** under the category Model Exhibition (Still/Working) held at D.A.V College, Jalandhar on 20-02-2023.

Item	Name	Class/ R.No	Position
Model	Sawangeet Kaur	B.Ed. Sem-IV/658	Participation
Exhibition	Mandeep Singh	B.Ed. Sem-IV/507	
(Still/Working)			

Dr Raha Arora and Dr Pooja Bhardwaj coordinated the event.

# • Cultural Events at the Closing Ceremony of 62<sup>nd</sup> Annual Sports Meet

Cultural Club of the college prepared and presented varied cultural events on the closing ceremony of 62<sup>nd</sup> annual sports meet held at 03.03.2023. On this day cultural events including singing and dancing along with theatrical events like histrionics were performed. Dr Pooja Bhardwaj and S. Maninder Pal Singh coordinated the events.

#### **ART CLUB**

#### • Celebration of Teej

Art club of the college celebrated 'Teej festival' in the college premises on 25-01-2023. On the day, students dressed traditionally. All the students and teachers enjoyed taking the swing. On the occasion, the girls showcase their art of presenting folk songs, dialects, dance and gidha. The students danced to the tune of dhol. On this occasion, Principal, Mrs. Neelu Jhanji congratulated the students and sensitized them about Punjabi culture. Mrs. Geetanjali Mittu co-ordinated the event.

#### Celebration of Basant Panchami

The following students of our College have won following positions in **Kite Decoration and Flower Arrangement Competition** organized by Art Club to celebrate 'Basant Panchmi' on 25.01.2023.

Item	Name	Father's Name	Class/ R.No	Position
Kite	Renu Kapoor	Sh.Hem Raj Kapoor	B.Ed Sem-III/679	First
Decoration	Aarti	Sh.Ashwani Kumar	B.Ed Sem-III/678	Second
Competition	Megha	Sh.Satpal	B.Ed Sem-I/107	Third
	Inderpreet Kaur	Sh.Daljit Singh	B.Ed Sem-III/692	Consolation
Flower	Tamanna	Sh.Parveen Kumar	B.Ed Sem-I/121	Consolation

Arrangemet	Ghai	
Competition		

Mrs. Geetanjali Mittu co-ordinated the event.

## • Celebration of World Art Day

To celebrate World Art Day, Alumni Association and Art Club of the college organized a workshop on 'Blackboard Writing' in the college campus on 13-04-2023. The resource person was Sunil Kapoor, Fine Arts Instructor and an alumnus of the college. Vanshika Aggarwal presented a brief speech on 'World Art Day'. Mrs. Geetanjali Mittu introduced the resource person of the day. Speaking during the workshop, the resource person said that the blackboard is a powerful tool that facilitates effective instruction in the classroom. During the workshop, the students were informed about the proportion and size of letters and words while writing on the blackboard. He also demonstrated the skills of sketching, shadow drawing, rendering perspective with colors and shading. The resource person concluded with solving the queries of the students regarding different fonts which they can use while writing on Black Board. Principal Neelu Jhanji welcomed the guest on the occasion. Mrs. Geetanjali Mittu formally proposed the vote of thanks and also coordinated the programme.

#### • Celebration of Baisakhi

Art Club of the college celebrated 'Baisakhi' on 13-04-2023 in the college premises. Wearing Phulkaris, the students danced to the tune of Punjabi folk songs. Davinderjit of B.Ed Sem III spoke on the history and significance of Baisakhi. Principal Mrs. Neelu Jhanji said festival celebration provides students an opportunity to have a glimpse of the rich culture and heritage of Punjab. The students also sang 'bolian' to welcome the 'Baisakhi' which marks the beginning of the year and the harvest in Punjab. The students enjoyed the event. Mrs.Geetanjali Mittu coordinated the event. The faculty and students witnessed the event.

## SCIENCE CLUB

#### • Campaign Against Stubble Burning

Science Club of the college organized a campaign against 'Stubble Burning' to spread the awareness about the hazardous effects of Stubble Burning on 19.10.2022 by distributing pamphlets among the people of different villages. A rally was also organized to spread the awareness among the community. The event was organised under the supervision of Principal Mrs.Neelu Jhanji and was coordinated by Dr.Kiran Walia.

#### • National Cancer Awareness Day

Science Club of the college celebrated 'National Cancer Awareness Day' in the College premises on 07.11.2022. On this day, members of the Club alongwith the students of Science, Life Science and Physical Science through various posters and slogans made the students aware regarding the causes, symptoms and different types of cancer. The preventive measures including the change in life style were also highlighted. The purpose for celebrating the day was to

motivate students to have balanced diet and avoid sedentary life style. The event was organized under the supervision of Mrs.Neelu Jhanji. Mrs.Sakshi Sharma and Mrs.Jaspreet Kaur coordinated the event.

# • Celebration of World AIDS Day

Science Club of the college celebrated World AIDS Day in the college premises on 01-12-2022. On this day, student of the college Karishma with her speech, explained about the causes of spread of HIV-AIDS and also suggested the preventive measures. Shivani, with her poem gave the message to be apathetic towards the patients of HIV\_AIDS. Some posters were also displayed in the college campus to recognize and address the inequalities which are holding back progress in ending the AIDS. The event was organized by Dr.Seema Rani under the supervision of Dr.Radha Arora. Krishma conducted the stage.

# • National Science Day

Science Club and Red Ribbon Club of the college celebrated 'National Science Day' in the College premises on 28.02.2023. On this day a health checkup with respect to Body Mass Index and Eyesight testing was done. Around 60 students along with teachers got tested with their B.M.I. and Eyesight. Further, diet, exercise and expert medical interventions were suggested on the basis of the testing. Members of the Science Club prepared the posters related to the event and display on the board. On this occasion, Principal Mrs.Neelu Jhanji appealed the students to follow healthy life style and take balance diet. The event was coordinated by Dr.Seema Rani along with the members of club including Pushpa, Getika Jain and Renu Kapoor.

#### • Participation in Celebration of National Science Day

Following members of Science Club participated in different activities organized by GNDU, Amritsar on 28.02.2023 for celebration of National Science Day:

Item	Name	Class/ R.No	Position
Science Quiz	Karishma	B.Ed. Sem-II/150	
	Karitika Behal	B.Ed. Sem-II/165	
Rangoli Making	Damanpreet Kaur	B.Ed. Sem-II/105	
	Shivani devi Sharma B.Ed. Sem-II/103 F		Participation
Poster making	Harmanpreet Kaur B.Ed. Sem-IV/623		
	Vanshika Aggarwal	B.Ed. Sem-IV/117	

The event was coordinated by Dr.Seema Rani.

#### • Celebration of World Water Day

Water Management Cell and Science Club of the college organized Inter House Poster Making and Slogan Writing Competition on 22-03-2023 in the college premises to celebrate World Water Day. In Slogan Writing Competition, Manpreet Kaur stood first, Renu Kapoor bagged second position and Rimple Kaur Bhamra got third position. In Poster Making Competiton, Harmanpreet Kaur stood first, Sangeeta bagged second position and Palak got third

position. The judgement of these competitions was done by Dr.Ravjeet Kaur and Mrs.Geetanjali Mittu. On this day, Principal Mrs.Neelu Jhanji appreciated the creativity and aesthetics of the students and congratulated the winner. Dr.Seema Rani and Mrs.Sakshi Sharma coordinated the event.

## • Celebration of World Tuberculosis Day

Science Club of the college celebrated 'World Tuberculosis Day' on 24-03-2023 in the College premises to raise awareness among students about the disease and encourage timely action to combat the global TB epidemic. On this day, student of the College Palak made students aware about the causes and symptoms of Tuberculosis. Geetika Jain with her speech reflected upon the importance of celebration of Tuberculosis Day. Harpreet Kaur and Khushboo with their poems sensitized towards the problems of the patients of TB. While speaking on the occasion, Principal Mrs.Neelu Jhanji appealed for providing the right services, support and enabling safe environment to confront inequalities due to Tuberculosis and put an end to the preventable and curable disease. On this day, Ranchana Kumari conducted the stage. Dr.Seema Rani coordinated the event.

## • Celebration of 'World Earth Day'

In order to raise awareness among people regarding the need to protect Earth's natural resources for future generations, Science Club of the college took step to plant medicinal and seasonal saplings in the College premises to celebrate 'World Earth Day' on 22-04-2023. The purpose of this initiative was to preserve and protect our environment and spreading the message of 'Save Environment' in the society. While speaking on the occasion, Principal Mrs.Neelu Jhanji said that trees are indispensable for life and are lungs of our land, purifying the air and giving fresh strength to the mankind. She further appealed to plant more and more trees as it is our bounden duty to preserve environment. The entire event was coordinated by Dr.Seema Rani.

#### WASTE MANAGEMENT CELL

#### • Exhibition to Beat Plastic

Waste Management Cell of the college organised an Exhibition to Beat Plastic in the college premises. On this day, Kamal Aggarwal, President, Bhartiya Yoga Sansthan was invited. Students prepared various items out of waste material and was showcased in the form of exhibition. Items like Paper Bags, Envelopes, Pen stands, Bangle Boxes, Bird House, decorated pots, etc by students were displayed. The items were not prepared out of Plastic giving the message of banning Plastic.

#### **RED RIBBON CLUB**

## • Independence Day Celebration

As per guidelines from Govt. of India and NSS Department, G.N.D.U., under 'Har Ghar Tiranga Campaign', NSS Unit and Red Ribbon Club of Montgomery Guru Nanak College of Education, Jalandhar celebrated 75 glorious years of progressive independent India by hoisting the national flag in the College campus on 13-08-2022. Geetika, student of B.Ed. Sem-II acquainted with the history of Indian struggle of independence. She also discussed the significance of various colours in 'Tiranga' (The National flag of India). Amit, student of B.Ed Sem-II also shared his views on the contribution of Shaheed Bhagat Singh, Rajguru and Sukhdev to the Indian struggle for independence. The program was concluded by taking pledge by all the faculty members and students of the College to maintain the integrity of the flag. The program was organised under the supervision of Principal Mrs.Neelu Jhanji and was coordinated by Dr.Kiran Walia and Dr.Seema Rani.

## • National Unity Day

Red Ribbon Club of the college celebrated "Rashtriya Ekta Diwas" (National Unity Day) on 31-10-2022 by organizing **Pledge taking ceremony** and **Cleanliness Drive** in the College to foster and reinforce dedication to preserve and strengthen unity, integrity and security of the nation, by reinforcing the values of a strong and united India. The event was organized under the supervision of Principal Mrs.Neelu Jhanji and was coordinated by Dr.Kiran Walia.

## • Celebration of World AIDS Day

Science Club of the college celebrated World AIDS Day in the college premises on 01-12-2022. On this day, student of the college Karishma with her speech, explained about the causes of spread of HIV-AIDS and also suggested the preventive measures. Shivani, with her poem gave the message to be apathetic towards the patients of HIV\_AIDS. Some posters were also displayed in the college campus to recognize and address the inequalities which are holding back progress in ending the AIDS. The event was organized by Dr.Seema Rani under the supervision of Dr.Radha Arora. Krishma conducted the stage.

# • National Youth Day

Red Ribbon Club of the college celebrated 'National Youth Day' on 12-01-2023 in the College premises to mark the Birthday of Swami Vivekananda. The purpose of celebration was to inspire young people to follow the footsteps of Swami Vivekananda and to take action in areas such as social service, education and environment protection. On this day, Harleen talked about the philosophy of Swami Vivekananda. Geetika Jain reflected upon the importance of youth day. Sejal with her speech emphasized the role of youth in nation building in the present scenario. All the students of Red Ribbon Club displayed the charts and posters on the display board. While speaking on the occasion, Principal Mrs.Neelu Jhanji said that youth has a power to help the

country to develop and move towards progress. She also appealed the youth to be constructive in their approach and endeavours to bring desirable change in society. Geetika Jain conducted the stage. Dr. Seema Rani coordinated the event.

#### National Science Day

Science Club and Red Ribbon Club of the college celebrated 'National Science Day' in the College premises on 28.02.2023. On this day a health checkup with respect to Body Mass Index and Eyesight testing was done. Around 60 students along with teachers got tested with their B.M.I. and Eyesight. Further, diet, exercise and expert medical interventions were suggested on the basis of the testing. Members of the Science Club prepared the posters related to the event and display on the board. On this occasion, Principal Mrs.Neelu Jhanji appealed the students to follow healthy life style and take balance diet. The event was coordinated by Dr.Seema Rani alongwith the members of club including Pushpa, Getika Jain and Renu Kapoor.

#### Celebration of World Tuberculosis Day

Science Club of the college celebrated 'World Tuberculosis Day' on 24-03-2023 in the College premises to raise awareness among students about the disease and encourage timely action to combat the global TB epidemic. On this day, student of the College Palak made students aware about the causes and symptoms of Tuberculosis. Geetika Jain with her speech reflected upon the importance of celebration of Tuberculosis Day. Harpreet Kaur and Khushboo with their poems sensitized towards the problems of the patients of TB. While speaking on the occasion, Principal Mrs.Neelu Jhanji appealed for providing the right services, support and enabling safe environment to confront inequalities due to Tuberculosis and put an end to the preventable and curable disease. On this day, Ranchana Kumari conducted the stage. Dr.Seema Rani coordinated the event.

#### • Celebration of World Health Day

N.S.S. Unit and Red Ribbon Club of Montgomery the college organized an extension lecture cum meditation session on 07-04-2023 to celebrate World Health Day under the Har Ghar Dhyan Campaign, on the theme "Introduction to Meditation as a Solution for Positive Mental Health". The resource person of the session was Ms.Archana Sukhija, Director Training, The Art of living. During the session, the resource person said that in today's scenario, to cope up with the challenging situations, we need to do meditation. She further added that we need to become more flexible in our thoughts and attitude to lead a happy life. She also suggested to observe the breath and keeping smile on face to keep ourself in present and be calm. She further added that the meditation is a wonderful and most useful technique to reduce anger from past and worries of the future. She further added that meditation is deconcentration. During the session, she also taught

the audience the right way to meditate. On this day, Principal Mrs.Neelu Jhanji welcomed the guest by giving a planter with the medicinal plant. Dr.Kiran Walia conducted the stage. Dr.Seema Rani gave formal vote of thanks. The event was coordinated by Dr.Seema Rani and Dr.Kiran Walia. All the teachers and students witnessed the event.

#### WATER MANAGEMENT CELL

#### • Celebration of World Water Day

Water Management Cell and Science Club of the college organized Inter House Poster Making and Slogan Writing Competition on 22-03-2023 in the college premises to celebrate World Water Day. In Slogan Writing Competition, Manpreet Kaur stood first, Renu Kapoor bagged second position and Rimple Kaur Bhamra got third position. In Poster Making Competiton, Harmanpreet Kaur stood first, Sangeeta bagged second position and Palak got third position. The judgement of these competitions was done by Dr.Ravjeet Kaur and Mrs.Geetanjali Mittu. On this day, Principal Mrs.Neelu Jhanji appreciated the creativity and aesthetics of the students and congratulated the winner. Dr.Seema Rani and Mrs.Sakshi Sharma coordinated the event.

#### • E-Quiz on Famous Rivers, Oceans and Other Water Bodies of the Country

Azadi ka Amrit Mahotsav, Water Management Cell of the college organized E-Quiz on the theme "Famous Rivers, Oceans and Other Water Bodies of the Country" on 18.04.2023 for all B.Ed. Students. Link for the Quiz (https://forms.gle/V47poGxSr3M1JA1C9) was shared on Google Classroom and E-Certificates were given to all the participants. Mrs.Sakshi Sharma coordinated the event.

#### **HEALTH CLUB**

## • Workshop on Yoga and Healthy Food Habits

Health Club of the college organized a workshop on the theme 'Yoga and Healthy Food Habits' on 14-09-2023. This workshop was conducted by Sh.Kamal Aggarwal, President, Bhartiya Yog Sansthan, Jalandhar. During the workshop, Sh.Kamal Aggarwal explained how our body functions and the role of Yoga asans and diet in regulating the proper functioning of the body. During the workshop, he demonstrated Yogaasans like Tadasan, Bhujang asans, Trikon asan, Shav asan, Paschinrotan Asan to keep our body, stomach, kidneys and liver fit. For increasing the immunity of our body, he practised Bhramari Paranayam, Anulom-Vilom Paranayam and Bhastrika Pranayam. While addressing the problems of the students, he suggested the proper use of yoga to overcome problems like Blood pressure, cervical, Migrain, hair loss and weight loss. He also suggested to start the day with consumption of natural elements like water and fruits instead of other beverages. He also appealed to avoid junk and fried food to make body healthy and strong. All the students and Faculty members attended the workshop. On this occassion, Principal Mrs.Neelu Jhanji welcomed the guest. While addressing the students she motivated would be teacher and faculty members to make yoga a daily routine. The event was hosted by Sawangeet Kaur. Mrs.Gaganpreet Kaur organized the event.

#### • Inter House Badminton Competition

Following students of our College have won various positions in **Inter House Badminton Competition** organized by Health club held in college campus on 24<sup>th</sup> and 25<sup>th</sup> February, 2023.

Name	Father's Name	Class/Roll No	Sec	Position
Girls (Doubles)				
Anjali	Sh.Nand Kumar	B.EdIV/606	С	First
Garima Kumari	Sh.Shiv Pujan Singh	B.EdIV/607	C	
Shweta Kumari	Sh.Ajay Kumar Singh	B.EdIV/618	В	Second
Renu Kapoor	oor Sh.Hem Raj Kapoor		В	
Palak Sanan	Sh.Mahesh Sanan	B.EdII/140	A	Third
Sonam	Sh.Rampal	B.EdII/157	A	
Boys (Singles)				
Mandeep Singh	eep Singh Sh.Harjeet Singh		A	First
Noor Ala Noor	Sh.Mohd Jassimuddin	B.EdIV/502	С	Second
Gagandeep	Sh.Bishan Chand Goel	B.EdII/05	В	Third

Mrs.Gaganpreet Kaur organized the event.

# • Inter House Kho-Kho Competition

Following students of our College have won various positions in **Inter House Kho-Kho Competition** organized by Health Club of the college held in college campus on **27.02.2023**.

Sr.No	Class/Section	House	Position
1	B.Ed. Sem-II (Sec C)	Rousseau House	First
2	B.Ed. Sem-IV (Sec C)	Aurobindo House	Second
3	B.Ed. Sem-II (Sec A)	Plato House	Third

Mrs.Gaganpreet Kaur organized the event

#### DRUG DE-ADDICTION COMMITTEE

#### • Poshan Maah Celebration (Essay Writing Competition and Drawing Competition)

As per the directions from NSS Department, G.N.D.U., Amritsar and Ministry of Youth Affairs and Sports, De addiction Committee and NSS Unit of M.G.N. College of Education, Jalandhar celebrated the 5<sup>th</sup> Rashtriya Poshan Maah, 2022 from 01.09.2022 to 30.09.2022 by organising Essay Writing Competition and Drawing Competition focusing on Nutrition and healthy life style on 21.09.2022. The students organised the activities in different Government schools of district Jalandhar. The event was organised under the supervision of Principal Mrs.Neelu Jhanji and was coordinated by Dr.Kiran Walia, Programme Officer, NSS Unit.

#### **YOUTH RED CROSS CLUB**

• Celebration of National Communal Harmony Week

Red Cross Club of MGN College of Education, Jalandhar celebrated "National Communal Harmony Week" from 19<sup>th</sup> to 25<sup>th</sup> November, 2020 .Various activities were conducted by the Club to inculcate the feeling of togetherness among students . Under these activities Navreet Kaur (sec-B , B.Ed sem -III) started the celebration of week by week by College Shabad Gayanand also sung a patroitic song . Deeksha Thaku (Sec-C , B.Ed sem-III)delivered a speech regarding communal harmony and a beautiful poem that criveyed a message , how harmony is established in India . Moreover, Jasbir Kaur (Sec-C , B.Ed sem - III), recited a poem on communal harmony . Gagandeep (Sec -C , B.Ed sem-III) and Ramneet Kaur (Sec-A , B.Ed sem-III) presented a poem and a speech which were overwhelming. Not only this, but students also donated some amount for children who are the sufferer of violence and lost their house and shelter because of that. Overall, this week played a crucial role in developing national integration and harmony among all citizens.S. Maninderpal Singh and Ms. Jaspreet Kaur coordinated the event.

#### • Celebration of Flag Day

Red Cross Club of MGN College of Education, Jalandhar celebrated "Flag Day" on 25<sup>th</sup> November,2020. Flags related to communal harmony were distributed among students. S. Maninderpal Singh and Ms. Jaspreet Kaur coordinated the event.

#### WOMEN WELFARE COMMITTEE

#### • Celebration of International Girl Child Day

Women Welfare Committee of the college celebrated international girl child day in the college premises on 09-12-2022. On this occasion, Poster making competition was organised on the theme 'Woman-A Symbol of Strength and Endurance' to create awareness about the rights of the girl child, to remove gender-based bias and to promote education of girl child. The students of the college showcased their views in a creative way. To motivate the pupils, first, second and third positions were decided by the judges of the event. First position was bagged by Jyoti Kumari, Chetna stood second and Diksha got third prize. Consolation prize was given to Ranchna Kumari. Mrs. Neelu Jhanji(Principal) appreciated the students for the active participation. The entire event was organised by Dr. Radha Arora.

#### • Celebrtion of International Women's Day

As per the guidelines of Department of school Education & Literacy, Ministry of Education, Government of India, Women Welfare committee of M.G.N college of Education, Jalandhar organised a series of impactful events from 01.03.2023 to 07.03.2023 to celebrate international women's day. On 01.03.2023 and 02.03.2023, Health club of the college organised various sports events for girls. More than 50 girl students participated in track events and filed events like 100m race, 200 m race, three legged race, sack race, obstacle race and shot-put. On following day(03.03.2023), Fancy dress competition was organised to draw attention to the issues faced by women. Besides, the best athelete (girl) of the college named Anshu was awarded for her excellence performance in different sports events. On dated 04.03.2023, girl students of M.G.N

college of Education, Jalandhar, distributed sanitary napkins to the needy girls in their respective locality to create awareness on menstrual health. On 07.03.2023, women welfare committee of the college organised Poetical Recitation Competition on the theme 'women issues'. 14 students participated in the competition and shared their views in a creative way. Following students of our College have won various positions in **Poetical Recitation Competition** organized by Women Welfare Committee of the College to celebrate **International Women's Day** on 07.03.2023.

Item	Name	Father's Name	Class/R.No	Position
Poetical	Sawangeet Kaur	Sh.Narinderpal Singh	B.Ed. Sem-IV/658	First
Recitation	Mamta	Sh.Dev Raj Chingotra	B.Ed. Sem-IV/671	Second
Competition	Chingotra			
	Dawinderjit	Sh.Balwinder Singh	B.Ed. Sem-II/111	Third
	Kaur			
	Sona Sharma	Sh.Muneesh Kumar	B.Ed. Sem-II/152	Consolation
		Sharma		

To reinforce the significance of the day, Award ceremony was organised to recognise outstanding women achievers in Academics.

Speaking on the occasion, Principal Mrs. Neelu Jhanji appreciated the efforts of all the participants. She also appealed to join hands for women's equality and empower women to lead an informed and quality life. The entire event was corrdinated by Dr. Radha Arora and Ms. Anju under the supervision of Principal, Mrs. Neelu Jhanji .

#### **LITERARY CLUB**

#### • Celebration of 'Punjabi Maah'

Literary Club and Alumni Association of the college celebrated Punjabi Maah on 25-11-2022 in the College premises. This event was presided by Dr.Surinderpal Mand, HOD, Post Graduation Department of Punjabi, Lyallpur Khalsa College, Jalandhar. On this occasion, Principal Mrs.Neelu Jhanji welcomed the guest by presenting a bouquet of flowers. On this day, students of the College Sukhpal threw light on the importance of Punjabi language. Preeti recited a beautiful poem entitled 'Punjabi Meri Maa Vargi'. Harpreet reflected upon the current scenario of Punjabi language speaking. Sapna recited a poem 'Main Punjabi' and Dawinder Kaur reflected on status of Punjabi language with her poem 'Punjabi Boli di Dastan'. Amit Aneja showered his love for Punjabi language in his speech. While speaking on the occasion, Guest of the day, Dr.Surinderpal Mand, cherished his memories associated with the College and also showed his concern to protect, preserve and love Punjabi language. He appealed the would be teachers to serve for the language with utmost dedication. Dr.Meharban Singh welcomed the guest as well as gave formal vote of thanks. Dr.Meharban Singh and Mrs.Geetanjali Mittu coordinated the event.

## • Essay Writing Competition

The following students of our College have won various positions in **Essay Writing Competition**, **Under Azadi Ka Amrit Mahotsav** on the theme '**Tribal Freedom Fighters**', organized by Literary Club of the College on 22.03.2023.

Item	Name	Father's Name	Class/R.No	Position
Essay	Mamta	Sh.Dev Raj Chingotra	B.Ed. Sem-	First
Writing	Chingotra		IV/671	
Competition	Ranchana	Sh.Sanjay Kumar	B.Ed. Sem-II/113	Second
	Kumari	Pandey		
	Tamanna	Sh.Parveen Kumar Ghai	B.Ed. Sem-II/121	Third

Dr.Meharban Singh coordinated the event.

# **MATHEMATICS CLUB**

#### • Celebration of International Mathematics Day

Maths Club of M.G.N. College of Education, Jalandhar celebrated International Mathematics Day by organizing an Exhibition of Teaching Aids in the college premises. On this day, different working models on the topics of Mathematics like area, perimeter, trignometric ratios, number system, Pythagorous theorem etc were exhibited. To facilitate the practicing schools, teachers from different practicing schools were invited to the exhibition and afterwards different teaching aids were donated to the practicing schools as well. The exhibition was inaugurated by Principal Mrs.Neelu Jhanji. Dr.Radha Arora and Dr Pooja Arora co-ordinated the event. All the teachers and students along with teachers from practicing schools witnessed the event.

#### CAREER AND COUNSELLING CELL

#### • Visit to Guidance and Counseling Cell of M.G.N. Public School, Jalandhar

Career and Counseling Cell of the college organized a visit to M.G.N. Public School, Jalandhar on 17-04-2023. The visit was organized for B.Ed. Sem IV students for fulfilling the need of the sessional work of P- VII (Guidance and Counseling). Mrs. Manmeet Kaur, Counselor at M.G.N. Public School, oriented the students of B.Ed. with She focused on Characteristics of ADHD and ways to deal with such students. She added that emotional connection and focus on positive aspect of such children would definitely help them to grow. Teacher should coach them for overall personality not merely on academics but on other fields also. Foundation Building is main emphasis to coach them. She discussed various cases she dealt with, during her professional career. At last, she said it's not impossible to deal with such students but it needs a positive attitude and lot of patienceto develop such children. Visit was coordinated by Dr Ravjeet Kaur, Mrs. Shivani Gulati and Mrs. Jaspreet Kaur.

#### Visit to Guidance and Counseling Cell of M.G.N. Public School, Jalandhar

Career and Counseling Cell of the college organized a visit to M.G.N. Public School, Jalandhar on 24-04-2023. The visit was organized for B.Ed. Sem IV students for fulfilling the need of the sessional work of P- VII (Guidance and Counselling). Mrs. Manmeet Kaur, Counsellor at M.G.N. Public School, oriented the students of B.Edwith guidance programme conducted by Cell at Primary and Secondary level. She discussed two type of guidance: Group and Individual guidance. In group guidance general problems like, Anxiety Issues and time management cases are generally considered on the other hand individual guidance is based on the personal problems. Further, she told about the steps to be followed for guidance. She also added information about IEP (Individualized Education Plan) and its importance for the learning disabled students. She discussed few cases of school students related to anger management and time management. In addition to this, infatuation and mobile addiction and other major issues that are common in adolescentsnowadays. She also focused on career counselling which is very crucial for the students of class XI and XII. She also oriented B.Ed students with various kinds of psychological tests (i.e.personality test, interest inventory test, aptitude test, morality test, intelligence tests etc). Overall visit was very knowledgeable for B.Edstudents for future perspective. Visit was coordinated by Dr. Kiran Walia, Dr Ravjeet Kaur and Mrs. Jaspreet Kaur.

#### RED CROSS CLUB

## • National Communal Harmony Week and Flag Day

Red Cross Club of MGN College of Education, Jalandhar celebrated "National Communal Harmony Week" from 19th to 25th of November, 2022 and "Flag Day" on 25th November, 2022. Various activities were conducted by the Club to inculcate the feeling of togetherness, belongingness and unity among students. Under these activities, Karishma from B.ED semester sung a patriotic song. Amit Aneja from B.Ed sem-III delivered a speech regarding communal harmony that conveyed a message, how harmony is established in India. Moreover, Pratiksha (B.Ed sem I), Damanpreet (B.Ed sem I), Vibhu (B.Ed sem IIII), and Sawangeet (B.Ed sem III) prepared beautiful posters to depict the National Integration. Not only this, but students also donated some amount for children who are the sufferer of violence and lost their house and shelter because of that. Overall, this week played a crucial role in developing national integration and harmony among all citizens. S. Maninder Singh and Mrs. Jaspreet Kaur co-ordinated the event.

#### Donation For National Red Cross Society

Red Cross Club of the college collected some amount from staff and teachers on 25-11-2022 to donate it for the noble cause to help the families of soldiers who lost their lives for our nation. It is an honour for the club and college to be the part of this charity which is done every year by **NATIONAL RED CROSS SOCIETY.** Students were first informed about the purpose of donation and after that they voluntarily donate as much as they can. Moreover teachers always do this for the welfare of the families of soldiers. On the whole everyone has a feeling of satisfaction after donation. . S. Maninder Singh and Mrs. Jaspreet Kaur co-ordinated the event.

#### **DRUG DE-ADDICTION COMMITTEE**

#### • **Poshan Maah Celebration** (Essay Writing Competition and Drawing Competition)

As per the directions from NSS Department, G.N.D.U., Amritsar and Ministry of Youth Affairs and Sports, De addiction Committee and NSS Unit of M.G.N. College of Education, Jalandhar celebrated the 5<sup>th</sup> Rashtriya Poshan Maah, 2022 from 01.09.2022 to 30.09.2022 by organising Essay Writing Competition and Drawing Competition focusing on Nutrition and healthy life style on 21.09.2022. The students organised the activities in different Government schools of district Jalandhar. The event was organised under the supervision of Principal Mrs.Neelu Jhanji and was coordinated by Dr.Kiran Walia, Programme Officer, NSS Unit.

#### **CYBER CLUB**

#### • Celebration of Cyber Awareness Day

As per the directions of Education Cell of Punjab Department of Higher Education and Languages, Punjab Cyber Club of the college celebrated Cyber Awareness day on 06.10.2022. On this day, a Seminar was organized in the college for Students of B.Ed, Teaching and Non-Teaching Staff. During the seminar, Komal presented her views on Cyber Crime, Kashish deliberated about the various categoies of Cyber Crime, Sawangeet made everyone aware regarding the Cyber Safety. The programme was concluded with a video on safety tips to be followed while using internet. While speaking on this occasion, Principal Mrs.Neelu Jhanji motivated the students to get benefitted from the pros of technology and us it for educational purposes and benefit of the society by large. The Stage was conducted by Vibhu. The event was coordinated by Mrs Shivani Gulati.

#### • Workshop For Effective Presentations

Cyber Club of Montgomery Guru Nanak College of Education organized a Workshop on Preparing Effective Presentation on 22<sup>nd</sup> November, 2022.MrsShivaniGulati, Assistant Professor of the college oriented students with practical skills to prepare effective presentations to using Animations and Transitions. She taught them how to engage any student's right from the beginning. How to quickly use visuals with animations that add greater impact and clarity to their important content/key points. The event was coordinated by Mrs Shivani Gulati.

# • E-Blogs Workshop

Cyber Club of Montgomery Guru Nanak College of Education organized a Workshop on E-Blogs on 23-04-2023. Mrs Shivani Gulati, Assistant Professor of the college oriented students about E-Blogs, various types of E-Blogs. She elaborated them with the uses of E-Blogs for teaching learning purpose. Students were also familiarized with the sites where free e-logs can be created. The event was coordinated by Mrs Shivani Gulati.

#### • Inter House Preparation of PowerPoint Presentation Competition

Cyber Club of Montgomery Guru Nanak College of Education, Jalandhar organized Inter House Competition on 'Preparation of PowerPoint Presentation' for B.Ed. Semester II students on the theme 'Social Media' on 27.05.2023. The sub-themes of the Competition were:

- ➤ Educational Implications of Social Media
- ➤ Impact of Social Media on Education
- ➤ Impact of Social Media on Behaviour
- > Social Media as tool for teaching
- > Social Media as disseminator of Education

Following students got different positions in the competition:

Item	Name	Father's Name	Class/R.No	Position
Inter House	Harleen Kaur	Sh.Jatinder Singh Sahnan	B.Ed. Sem-II/101	First
PPT	Sahnan			
Competition	Chetna	Sh.Ashok Kumar	B.Ed. Sem-II/106	Second
	Ranchana Kumari	Sh.Sanjay Kumar Pandey	B.Ed. Sem-II/113	Third

The judgment was done by Mrs. Shivani Gulati and Mrs. Sakshi Sharma. Credit was given to novelty of ideas, technical accuracy and aesthetic presentation. Mrs. Sakshi Sharma co-ordinated the event.

## **ALUMNI ASSOCIATION**

#### • Celebration of 'Punjabi Maah'

Literary Club and Alumni Association of the college celebrated Punjabi Maah on 25-11-2022 in the College premises. This event was presided by Dr.Surinderpal Mand, HOD, Post Graduation Department of Punjabi, Lyallpur Khalsa College, Jalandhar. On this occasion, Principal Mrs.Neelu Jhanji welcomed the guest by presenting a bouquet of flowers. On this day, students of the College Sukhpal threw light on the importance of Punjabi language. Preeti recited a beautiful poem entitled 'Punjabi Meri Maa Vargi'. Harpreet reflected upon the current scenario of Punjabi language speaking. Sapna recited a poem 'Main Punjabi' and Dawinder Kaur reflected on status of Punjabi language with her poem 'Punjabi Boli di Dastan'. Amit Aneja showered his love for Punjabi language in his speech.

While speaking on the occasion, Guest of the day, Dr.Surinderpal Mand, cherished his memories associated with the College and also showed his concern to protect, preserve and love Punjabi language. He appealed the would be teachers to serve for the language with utmost dedication. Dr.Meharban Singh welcomed the guest as well as gave formal vote of thanks. Dr.Meharban

Singh and Mrs.Geetanjali Mittu coordinated the event.

#### • Workshop on Black Board Writing

To celebrate World Art Day, Alumni Association and Art Club of the college organized a workshop on 'Blackboard Writing' in the college campus on 13-04-2023. The resource person was Sunil Kapoor, Fine Arts Instructor and an alumnus of the college. Vanshika Aggarwal presented a brief speech on 'World Art Day'. Mrs. Geetanjali Mittu introduced the resource

person of the day. Speaking during the workshop, the resource person said that the blackboard is a powerful tool that facilitates effective instruction in the classroom. During the workshop, the students were informed about the proportion and size of letters and words while writing on the blackboard. He also demonstrated the skills of sketching, shadow drawing, rendering perspective with colors and shading. The resource person concluded with solving the queries of the students regarding different fonts which they can use while writing on Black Board. Principal Neelu Jhanji welcomed the guest on the occasion. Mrs. Geetanjali Mittu formally proposed the vote of thanks and also coordinated the programme.

#### • Alumni Reunion

Alumni Association of the College organized Alumni Reunion-2023 'Relive, Reconnect, Rejoice' on 08.06.2023 in the College premises. The event began with the lightening of lamp followed by the College Shabad. Principal Mrs. Neelu Jhanji formally welcomed the gathering. S.Surjit Singh Walia, President of Alumni Association experiences with the audience. Around 100 Alumni from various sessions attended the event in Campus. The brief report of the College activities was presented during the event. During the alumni meet, an Alumni sponsored seminar on the topic 'Child Psychology in Teaching" was also organized. The Resource Person of the seminar Dr. Harjit Kaur, Retired Associate Professor, Montgomery Guru Nanak College of Education, Jalandhar. While speaking, she elaborated different methods in order to cater to the needs of the learners at different stages of their life and education. Various alumni enthralled the audience by their performances. Alumnus Harpreet Kaur and Ivnoor Singh mesmerized the audience with their beautiful songs. Alumnus Bhawna adorned the event by her energetic dance performance. The Alumnus nostalgically shared their memories about their stay at the College. The students of present session graced the event with different singing, dancing and histrionics performances. The Alumni association also provided financial aid to two needy students from the current session. Mamta Chingotra was presented with Best student Award.

On this occasion, Principal, Mrs.Neelu Jhanji, also one of the alumni of the college gave formal vote of thanks and said that the fame of an institute is not only its administration and staff but also the achievement of its students. She also appreciated the alumnus to be in continuous touch and gave her wishes to all to achieve their goals and be victorious in every sphere of life. On the occasion, Executive members, Alumni Principals, Media officials and performers were honoured. Executive members including S.Satkar Singh, Retired Principal, SNS Doaba Khalsa Public School, Mrs.Daljet Kaur, Principal, SNS Doaba Khalsa Public School, Mrs.Veena Joshi, Press Secretary, Mr.Gopal Krishan, Principal, Little India School, Jalandhar along with students from previous sessions graced the occasion. The entire event was coordinated by Mrs.Geetanjali Mittu under the supervision of Principal, Mrs.Neelu Jhanji.

#### EK BHARAT SHRESTH BHARAT CLUB

#### • Cycle Rally and Yoga Workshop to celebrate World Health Day

Ek Bharat Sresth Bharat Club and N.S.S. Unit of M.G.N. College of Education, Jalandhar celebrated World Health Day by organizing a Cycle Rally and Yoga Workshop. The cycle rally began from the College and reach to Govt. Sr. Sec. School, Adarsh Nagar wherein students of the College along with teachers made the students of the school aware regarding the benefit of

cycling. N.S.S. volunteers Meena and Nandini with their speeches elaborated to the school students regarding the health benefits of riding bycycle and how it helps to keep our environment clean and green. In continuation with the green practices, a planter with green plant as a token of gratitude was gifted to the school Principal Mrs.Khushdeep Kaur. Pamphlets depicting the benefits of cycling for the individual and environment were distributed to community members and also pasted on the walls of shops having good footfall.

On this day, as per the directions from Ministry of Youth Affairs, a Yoga workshop was also conducted by Shri.Kamal Aggarwal, President, Bhartiya Yog Sansthan, Jalandhar, under the action plan for International yoga day celebration. During the workshop, yoga for healthy spine, for thyroid problems, for diabetes management and for ensuring good mental health were practised. Students queries regarding asans for varied problems were also taken up during the workshop. On this occasion, Principal Mrs.Neelu Jhanji gave formal vote of thanks and appealed the masses to make a routine to do yog and get benefitted from its endless perks. The stage was conducted by Nandini. The event was coordinated by Dr.Kiran Walia, Mrs. Shivani Gulati, Geetanjali Mittu and Mrs.Gaganpreet Kaur.

#### • Iconic Week

As per the guidelines from Govt. of India and NSS, Department, G.N.D.U., Amritsar, under 'AzadiKa Amrit Mahotsav', NSS Unit and Ek Bharat Sreshth Bharat Club of the college celebrated 'Iconic Week' from 08.08.2022 to 15.08.2022. During this week NSS volunteers conducted various activities in different Govt. Schools which include 'HarGharTiranga Programme', 'Swachhta Programme in Community', 'Tree Plantation', Drug De Addiction Programme', 'Poster Making Competitions on Unsung Heroes of Indian Freedom Struggle' and 'Water Harvesting' activities. The celebration was concluded by hoisting Indian National flag in the College Campus to celebrate 75 glorious years of independence and by taking pledge to maintain integrity of the flag.

The purpose behind conducting these activities was to exhibit the strength and power of youth voluntary action in nation building and to ignite among youth the spirit and aspiration of making a new and iconic India. All these activities were conducted by Dr.Kiran Walia (Programme Officer NSS Unit) under the supervision of Principal, Mrs.Neelu Jhanji.

#### National Voters Day

To encourage more young voters to take part in the political process of India, NSS Unit and Ek Bharat Shreshth Bharat Club of Montgomery Guru Nanak College of Education, Jalandhar celebrated National Voters Day on 25-01-2023 in the College premises. On this day, NSS volunteer Aarti spoke about the significance of the day and importance of casting vote in nation building. All the teachers and students took the pledge to fearlessly and judiciously use the right to vote to strengthn the democratic framework of the country.

While speaking on the occasion, Principal Mrs.Neelu Jhanji appealed the youth to use the fundamental right to note with utmost care and contemplation as the future of our country rests on the leader we choose. The event was coordinated by Dr.Kiran Walia.

#### • Independence Day Celebration

As per guidelines from Govt. of India and NSS Department, G.N.D.U., under 'Har Ghar Tiranga Campaign', NSS Unit and Ek Bharat Sreshta Bharat Club of M.G.N. College of Education, Jalandhar celebrated 75 glorious years of progressive independent India by hoisting the national flag in the College campus. Geetika, student of B.Ed. Sem-II acquainted with the history of Indian struggle of independence. She also discussed the significance of various colours in 'Tiranga' (The National flag of India). Amit, student of B.Ed Sem-II also shared his views on the contribution of Shaheed Bhagat Singh, Rajguru and Sukhdev to the Indian struggle for independence. The program was concluded by taking pledge by all the faculty members and students of the College to maintain the integrity of the flag. The program was organised under the supervision of Principal Mrs.Neelu Jhanji and was coordinated by Dr.Kiran Walia, program officer, NSS Unit.

#### • Celebration of Republic Day

Under Azadi Ka Amrit Mahotsav, NSS Unit and Ek Bharat Shreshth Bharat Club of M.G.N. College, Jalandhar celebrated 74<sup>th</sup> Republic Day on 25-01-2023 in the College premises to give tribute to India, its unity in diversity and its rich cultural heritage. On this day, NSS volunteer Ranchana Kumari spoke about the significance and historical background of Republic day. Davinder with her poem recalled the responsibilities of the citizens towards the nation. Karishma with her patriotic song mesmerised the audience.

While speaking on the occasion, Principal Mrs.Neelu Jhanji appealed the masses to reaffirm our commitment to create a powerful, thriving country that the rest of the world will respect and admire. The stage was conducted by Ranchana Kumari. Dr.Kiran Walia coordinated the event. All the teachers and students witnessed the event.

# • Poster Making Competition

Under Azadi Ka Amrit Mahotsav, Ek Bharat Sreshta Bharat Club of Montgomery Guru Nanak College of Education, Jalandhar organized Poster Making Competition on the theme 'Ek Bharat Sreshta Bharat' on 25.01.2023. Fifteen students from B.Ed. Sem-I and B.Ed Sem-III participated in the competition. Following students of our College have won following positions in **Poster Making Competition** organized by N.S.S. Unit Under Azadi Ka Amrit Mahotsav on the theme 'Ek Bharat Shreshta Bharat'.

Item	Name	Father's Name	Class/ R.No	Position
Poster	Ranchana Kumari	Sh.Sanjay Kumar Pandey	B.Ed Sem-I/113	First
Making	Dipika	Sh.Sanjeev Kumar	B.Ed Sem-I/159	Second
Competition	Chetna	Sh.Ashok Kumar	B.Ed Sem-I/106	Third
	Navjot Kaur	Sh.Sarbjit Singh	B.Ed Sem-I/163	Consolation

The event was coordinated by Dr.Kiran Walia.

#### PLACEMENT CELL

#### • Placement Drive

Placement Cell of Montgomery Guru Nanak College of Education, Jalandhar in collaboration with Akal Academy, Kalgidhar Trust Society, P.O. Baru Sahib (Via Rajgarh), District Sirmour, H.P., organized a Placement Drive for all the B.Ed Sem-IV students on 21.6.2023. The motive of the Placement Drive was to recruit the students of the College to different institutions. In this Placement Drive students passed through rigorous recruitment by the Panel from the organization. The B.Ed Sem-IV students from various teaching subjects appeared in the written test followed by the interview for the selection in the different institutions under the society.

Principal of the College Mrs.Neelu Jhanji thanked all the coodinators and Panel Members for conducting Placement Drive and giving the students a platform to start their career with such a prestigious institutions. The Placement Drive was coordinated by Mrs.Geetanjali Mittu under the supervision of Principal, Mrs.Neelu Jhanji.

#### **NSS UNIT**

#### • 'Beti Bachao Beti Padhao 2022

As per guidelines from NSS Department, G.N.D.U., Amritsar, NSS Unit of M.G.N. College organised 'Beti Bachao Beti Padhao' awareness program in the various Schools and neighbourhoods on 08.08.2022. NSS volunteers from the college performed many activities such as Speeches, Poster Making, Slogan Writing etc. in different Govt. Schools of the city involving the School students. All the participants emphasized that there is due need of society in connection with safety of girls and to educate and empower them. Dr. Kiran Walia coordinated the event.

#### • Independence Day Celebration

As per guidelines from Govt. of India and NSS Department, G.N.D.U., under 'Har Ghar Tiranga Campaign', NSS Unit and Ek Bharat Sreshta Bharat Club of M.G.N. College of Education, Jalandhar celebrated 75 glorious years of progressive independent India by hoisting the national flag in the College campus. Geetika, student of B.Ed. Sem-II acquainted with the history of Indian struggle of independence. She also discussed the significance of various colours in 'Tiranga' (The National flag of India). Amit, student of B.Ed Sem-II also shared his views on the contribution of Shaheed Bhagat Singh, Rajguru and Sukhdev to the Indian struggle for independence. The program was concluded by taking pledge by all the faculty members and students of the College to maintain the integrity of the flag. The program was organised under the supervision of Principal Mrs.Neelu Jhanji and was coordinated by Dr.Kiran Walia, program officer, NSS Unit.

# • Celebratiuon of Janjatiya Gaurav Diwas

Government of India has declared 15<sup>th</sup> November, i.e., the birth Anniversary of Bhagwan Birsa Munda, as Janjatiya Gaurav Diwas every year. As per the guidelines from National Informatics Centre (NIC), NSS Unit of the college celebrated Janjatiya Gaurav Diwas on 15-11-2022 by organizing talks on Bhagwan Birsa Munda in the Govt. Sr.Sec. School, Gakhal Dhaliwal. Geetika Jain, student of M.G.N. College of Education, Jalandhar, acquainted the audience with the life and teachings of Bhagwan Birsa Munda. The event was organized under

the supervision of Mrs.Neelu Jhanji Principal and was coordinated by Dr.Kiran Walia, Programme Officer, NSS Unit, M.G.N. College of Education.

### • Celebration of Children's Day

NSS Unit of Montgomery Guru Nanak College of Education, Jalandhar has celebrated 'Children's Day' on 14.11.2022 with the involvement of students in practicing schools during internship to aware the school students for their rights, care and education by organizing cultural activities and a drama related to the child's rights. The event was organized under the supervision of Mrs.Neelu Jhanji Principal and was coordinated by Dr.Kiran Walia, Programme Officer, NSS Unit, M.G.N. College of Education.

#### • Clean India 2.0 Programme

As per directions from NSS Department, G.N.D.U., Amritsar, NSS Unit of the college organized One Month Long Clean India 2.0 programme from 01.10.2022 to 31.10.2022. The aim of the campaign was to clean waste, mainly single use plastic and create awareness. Under this program the students participated in the campaign by organising Cleanliness drive in the College and in the different Govt. Schools of Jalandhar district. The event was organised under the supervision of Principal Mrs.Neelu Jhanji and was coordinated by Dr.Kiran Walia, Program officer, NSS Unit of the College.

# • Celebration of 'Constitution Day'

NSS Unit of the college celebrated Constitution Day in the college premises on 26-11-2022 to commemorate the adoption of the Constitution of India. On this occasion, Harsimran Kaur, student of the college explained about the salient features of our Constitution and acknowledged the contribution of founding fathers of the Constitution. On this day, the teachers and the students of the college took pledge to maintain the integrity of the Constitution. Students of the college also celebrated the day by making students of the practicing schools aware regarding the Indian Constitution. While speaking on the occasion, Principal Mrs.Neelu Jhanji said that our Constitution has played a key role in the development of our nation and she also appealed the would be teachers to be committed for the fundamental duties. The event was organised under the supervision of Principal Mrs.Neelu Jhanji and was coordinated by Dr.Kiran Walia, Programme Officer, NSS Unit of the College.

#### • Diwali Celebration

NSS Unit of the College celebrated Green Diwali in the College premises. On this day, the students decorated the premises with diyas, rangoli and poster and took pledge to celebrate ediwali without crackers. While speaking on the occasion, Principal Mrs. Neelu Jhanji appealed the would be teachers to celebrate Diwali by lighting more diyas and candles and should stop buying crackers as the intention is to spread light, brightness and happiness and not pollution. The event was organized under the supervision of Principal Mrs. Neelu Jhanji and was coordinated by Dr. Kiran Walia, Programme Officer, NSS Unit of the College.

#### • Celebration of World Health Day

Ek Bharat Sresth Bharat Club and N.S.S. Unit of M.G.N. College of Education, Jalandhar celebrated World Health Day by organizing a Cycle Rally and Yoga Workshop on 04-04-2023. The cycle rally began from the College and reach to Govt. Sr. Sec. School, Adarsh Nagar wherein students of the College along with teachers made the students of the school aware regarding the benefit of cycling. N.S.S. volunteers Meena and Nandini with their speeches elaborated to the school students regarding the health benefits of riding bycycle and how it helps to keep our environment clean and green. In continuation with the green practices, a planter with green plant as a token of gratitude was gifted to the school Principal Mrs.Khushdeep Kaur. Pamphlets depicting the benefits of cycling for the individual and environment were distributed to community members and also pasted on the walls of shops having good footfall.

On this day, as per the directions from Ministry of Youth Affairs, a Yoga workshop was also conducted by Shri.Kamal Aggarwal, President, Bhartiya Yog Sansthan, Jalandhar, under the action plan for International yoga day celebration. During the workshop, yoga for healthy spine, for thyroid problems, for diabetes management and for ensuring good mental health were practised. Students queries regarding asans for varied problems were also taken up during the workshop.

On this occasion, Principal Mrs.Neelu Jhanji gave formal vote of thanks and appealed the masses to make a routine to do yog and get benefitted from its endless perks. The stage was conducted by Nandini. The event was coordinated by Dr.Kiran Walia, Mrs. Shivani Gulati, Geetanjali Mittu and Mrs.Gaganpreet Kaur.

#### • Fit India Freedom Run

As per the directions from Ministry of Youth Affairs and Sports, NSS Unit of M.G.N. College of Education, Jalandhar organised 'Fit India Freedom Run' from 02.10.2022 to 31.10.2022 under Azadi Ka Amrit Mahotsav (AKAM) initiative. Under the program, students spent 30 minutes of physical fitness every day. They also celebrated achievements of active lifestyle and made a resolve to remain fit on the grand occasion of India's 75<sup>th</sup> Independence year completion i.e. "Azadi Ke 75 Saal, Fitness Rahe Bemisaal". The event was coordinated by Dr.Kiran Walia.

#### Iconic Week

As per the guidelines from Govt. of India and NSS, Department, G.N.D.U., Amritsar, under 'AzadiKa Amrit Mahotsav', NSS Unit and Ek Bharat Sreshth Bharat Club of the college celebrated 'Iconic Week' from 08.08.2022 to 15.08.2022. During this week NSS volunteers conducted various activities in different Govt. Schools which include 'HarGharTiranga Programme', 'Swachhta Programme in Community', 'Tree Plantation', Drug De Addiction Programme', 'Poster Making Competitions on Unsung Heroes of Indian Freedom Struggle' and 'Water Harvesting' activities. The celebration was concluded by hoisting Indian National flag in the College Campus to celebrate 75 glorious years of independence and by taking pledge to maintain integrity of the flag.

The purpose behind conducting these activities was to exhibit the strength and power of youth voluntary action in nation building and to ignite among youth the spirit and aspiration of making a new and iconic India. All these activities were conducted by Dr.Kiran Walia (Programme Officer NSS Unit) under the supervision of Principal, Mrs.Neelu Jhanji.

#### • International Yoga Day

NSS Unit of the college celebrated International Yoga Day by organizing a yoga workshop on 20-06-2022. This workshop was conducted by Sh.KamalAggarwal, President, BhartiyaYogSansthan, Jalandhar. During the workshop, Sh.KamalAggarwalexplained how our body functions and the role of Yoga asans in regulating the properfunctioning of the body. During the workshop, he demonstrated Yoga asans like Tadasan, Bhujangasans, Trikonasan, Shavasan, Paschinrotan Asan to keep our body, stomach, kidneys and liver fit. For increasing the immunity of our body, he practiced Bhramari Paranayam, Anulom-Vilom Paranayam and Bhastrika Pranayam. While addressing the problems of the students, he suggested the proper use of yoga to overcome problems like Blood pressure, cervical, Migrain, hair loss and weight loss.

All the students and Faculty members attended the workshop. On this occassion, Principal Mrs.Neelu Jhanji welcomed the guest. While addressing the students she motivated the would be teacher and faculty members to make yoga a daily routine. The event was hosted by Shelly Devi. The event was organized under the supervision of Mrs.Neelu Jhanji, Principal and was coordinated by Mrs.Gaganpreet Kaur.

#### • National Unity Day

As per the guidelines from Ministry of Youth Affairs & Sports, Govt. of India and N.S.S. Department, G.N.D.U., Amritsar, N.S.S. Unit of M.G.N. College of Education, Jalandhar celebrated "Rashtriya Ekta Diwas" (National Unity Day) by organizing **Pledge taking ceremony** and **Cleanliness Drive** in the College on 31-10-2022 to foster and reinforce dedication to preserve and strengthen unity, integrity and security of the nation, by reinforcing the values of a strong and united India. The event was organized under the supervision of Principal Mrs.Neelu Jhanji and was coordinated by Dr.Kiran Walia Programme Officer, NSS Unit.

#### • National Voters Day

To encourage more young voters to take part in the political process of India, NSS Unit and Ek Bharat Shreshth Bharat Club of Montgomery Guru Nanak College of Education, Jalandhar celebrated National Voters Day on 25-01-2023 in the College premises. On this day, NSS volunteer Aarti spoke about the significance of the day and importance of casting vote in nation building. All the teachers and students took the pledge to fearlessly and judiciously use the right to vote to strengthn the democratic framework of the country.

While speaking on the occasion, Principal Mrs.Neelu Jhanji appealed the youth to use the fundamental right to note with utmost care and contemplation as the future of our country rests on the leader we choose. The event was coordinated by Dr.Kiran Walia.

#### • Poshan Maah Celebration (Essay Writing Competition and Drawing Competition)

As per the directions from NSS Department, G.N.D.U., Amritsar and Ministry of Youth Affairs and Sports, De addiction Committee and NSS Unit of M.G.N. College of Education, Jalandhar celebrated the 5<sup>th</sup> Rashtriya Poshan Maah, 2022 from 01.09.2022 to 30.09.2022 by organising Essay Writing Competition and Drawing Competition focusing on Nutrition and healthy life style on 21.09.2022. The students organised the activities in different Government schools of Jalandhar district. The event was organised under the supervision of Principal Mrs.Neelu Jhanji and was coordinated by Dr.Kiran Walia, Programme Officer, NSS Unit.

# • Poshan Maah Celebration (Poshan Pledge)

As per the directions from NSS Department, G.N.D.U., Amritsar and Ministry of Youth Affairs and Sports, NSS Unit of the M.G.N. College of Education, Jalandhar celebrated NSS day and the 5<sup>th</sup> **Rashtriya Poshan Maah**, 2022 by organising **Poshan Pledge** reflecting the spirit of "Bacha and Shiksha" and focusing on Nutrition and healthy life style on 24.09.2022. The students organised the activity in different Government schools of Jalandhar. They also motivated the school students to adopt a healthy lifestyle and have healthy food. The event was organised under the supervision of Principal Mrs.Neelu Jhanji and was coordinated by Dr.Kiran Walia, Program Officer, NSS Unit.

# • Poshan Maah Celebration (Slogan Writing Competition and Poster Making Competition)

As per the directions from NSS Department, G.N.D.U., Amritsar and Ministry of Youth Affairs and Sports, NSS Unit of M.G.N. College of Education, Jalandhar celebrated NSS day and the 5<sup>th</sup> Rashtriya Poshan Maah, 2022 by organising Slogan Writing Competition and Poster Making Competition reflecting the spirit of "Bacha and shiksha", awareness on formative years and focusing on Nutrition and healthy life style on 26.09.2022. The students organised the activities in different Government schools of Jalandhar. The event was organised under the supervision of Principal Mrs.Neelu Jhanji and was coordinated by Dr.Kiran Walia, Programme Officer NSS Unit of the College.

#### • Celebration of Republic Day

Under Azadi Ka Amrit Mahotsav, NSS Unit and Ek Bharat Shreshth Bharat Club of M.G.N. College, Jalandhar celebrated 74<sup>th</sup> Republic Day on 25-01-2023 in the College premises to give tribute to India, its unity in diversity and its rich cultural heritage. On this day, NSS volunteer Ranchana Kumari spoke about the significance and historical background of Republic day. Davinder with her poem recalled the responsibilities of the citizens towards the nation. Karishma with her patriotic song mesmerised the audience. While speaking on the occasion, Principal Mrs.Neelu Jhanji appealed the masses to reaffirm our commitment to create a powerful, thriving country that the rest of the world will respect and admire. The stage was conducted by Ranchana Kumari. Dr.Kiran Walia coordinated the event. All the teachers and students witnessed the event.

## • N.S.S. Camp

A Seven days N.S.S. Camp was organized by M.G.N. College of Education, Jalandhar at village Sangal Sohal, District Jalandhar from 04.01.2023 to 10.01.2023, in which around 50 N.S.S. volunteers from B.Ed Sem-I and Sem-III participated. During the camp, volunteers conducted various activities like cleanliness drive, best out of waste, rallies on environment protection, awareness drives and tree plantation. In addition to this, visit to school for special children 'Prayas' and Old Age Home was scheduled with the objective to identity the needs and problems of the community.

On the closing day of the campPrincipal, Mrs.Neelu Jhanji while speaking emphasized on the importance of social work and also spoke about the importance of an individual as an ideal part of the community at large. The entire event was coordinated by Dr.Kiran Walia and S.Harkamaljit Singh.

## Stubble Burning

As per the guidelines from the Punjab Pollution Control Board, NSS Unit of M.G.N. College of Education, Jalandhar organized a campaign against 'Stubble Burning' to spread the awareness about the hazardous effects of Stubble Burning on 19.10.2022 by distributing pamphlets among the people of different villages. A rally was also organized to spread the awareness among the community. The event was organised under the supervision of Principal Mrs.Neelu Jhanji and was coordinated by Dr.Kiran Walia, Programme Officer, NSS Unit of the College.

#### • Swachh Bharat Pakhwada

As per the guidelines received, NSS Unit of the college organised Swachh Bharat Pakhwada, International Youth Day from 01.08.2022 to 15.08.2022 in the different schools of Jalandhar where the B.Ed. students were having their internship and also in their neighbourhoods.

On the occasion, various activities were organized such as:

- Anti-Polythene Campaign India free from 'Single use Plastic'
- Cleanliness Drive (Libraries, Labs, Classrooms, Playground etc.)
- Awareness campaign through Lectures/ Discussions/ Videos/ Presentations on following topics:
  - Techniques of water conservation and rain water harvesting.
  - Renovation of traditional and other water bodies/tanks.
  - Water Shed Development.
  - Water recycling plants.
  - Efficient utilization of water at home, campus and community.
  - Harmful effects of plastics especially single use plastic.

# • Competitions like:

- Slogan writing on Swachhta/ Water Conservation.
- Poster making on Swachhta/ Water Conservation.

# • Swachhta Pledge.

N.S.S. volunteers have performed different activities such as cleanliness drive, antipolythene campaign; lectures on various issues viz-a-viz. Healthy habits (like to eat healthy food, wash hands before and after meal, use washrooms, etc.) ,the importance of cleanliness, various competitions like poster competition, slogan writing competition, etc.

The different areas of the college and schools were cleaned to achieve the dream of Gandhi ji as "Swachhta" or Cleanliness was a way of life for Gandhi ji. School students were also motivated to participate in cleaning their schools in order to change in their behaviour.

Diverse lectures related to the Swachhta were delivered in the different schools.

Swachhta Pledge was taken by the volunteers and school students on international youth day to keep our nation green and clean and to make India "Swachh Bharat, Khoobsurat Bharat".

Furthermore, students enthusiastically celebrated Independence Day. Speeches were given by the students on the topics like 'Swachh Bharat, Azad Bharat, Sacrifices made by the freedom fighters, Need to organise anti-corruption systems in the country, etc. Slogans were prepared by the students on clean and green environment, freedom struggle, etc.

The Programme was organised under the supervision of Principal, Mrs.Neelu Jhanji and was coordinated by Dr.Kiran Walia Programme Officer, NSS Unit.

# • World Bicycle Day

As per the guidelines from Ministry of Youth Affairs and Sports and NSS Department, G.N.D.U., Amritsar, NSS Unit of Montgomery Guru Nanak College of Education, Jalandhar celebrated World Bicycle Day on 02-06-2023 on the theme 'The Versatility and Convenience of a Bicycle are unparalleled. The purpose of the rally was to encourage the community for using the bicycle and to promote the notion of a sustainable life style by slaying connected to the nature.

The cycle rally was inaugurated by Principal Mrs.Neelu Jhanji who while addressing the students motivated to use bicycle every day to reduce pollution and to lead a healthy lifestyle. The event was coordinated by Dr.Kiran Walia.

# • Poster Making Competition

Under Azadi Ka Amrit Mahotsav, Ek Bharat Sreshta Bharat Club and N.S.S. Unit of the college organized Poster Making Competition on the theme 'Ek Bharat Sreshta Bharat' on 25.01.2023. Fifteen students from B.Ed. Sem-I and B.Ed Sem-III participated in the competition. Following students of our College have won following positions in **Poster Making Competition** organized by N.S.S. Unit Under Azadi Ka Amrit Mahotsav on the theme 'Ek Bharat Shreshta Bharat'.

Item	Name	Father's Name	Class/ R.No	Position
Poster	Ranchana Kumari	Sh.Sanjay Kumar Pandey	B.Ed Sem-I/113	First
Making	Dipika	Sh.Sanjeev Kumar	B.Ed Sem-I/159	Second
Competition	Chetna	Sh.Ashok Kumar	B.Ed Sem-I/106	Third
	Navjot Kaur	Sh.Sarbjit Singh	B.Ed Sem-I/163	Consolation

#### • SVEEP Activities (Under Mission Life)

As per the guidelines from office of Chief Electoral, Punjab and NSS Department, G.N.D.U., Amritsar regarding SVEEP activities, NSS Unit of Montgomery Guru Nanak College of Education, Jalandhar organized one week awareness program regarding "Enrollment of Future Voters (17 plus)" from 19.05.2023 to 27.05.2023. Under this programme the students informed and motivated Youngsters with 17 plus age to apply in advance for having their names enrolled in Voter's list. Students also motivated the people to use their right to vote in the upcoming elections and participate in the nation building process and effect change as every single vote matters. The event was organized under the supervision of Principal, Mrs.Neelu Jhanji and was coordinated by Dr.Kiran Walia, Programme Officer, NSS Unit of the College.

#### • Meri Maati Mera Desh (Under Azadi Ka Amrit Mahotsav)

The Nation has completed 75 years of its independence and is all set to March towards Amrit Karl in the spirit of Panch Pran. In order to mark the beginning of new era, a nationwide campaign on remembering unsung Heroes of Freedom struggle and martyrs in the National cause as well as preparing the masses for Amrit Karl by sensitizing them on Panch Pran of Hon'able Prime Minister, the program of Meri Mati Mera Desh is started. In this direction under the guidelines from Govt. of India, Under Azadi Ka Amrit Mahotsav, NSS Unit of Montgomery Guru Nanak College of Education, Jalandhar took an intiative to participate in the abhiyaan. For this, Lakshmi, a student of B.Ed. Sem IV, shared her views by reciting a poem to promote Meri Maati Mera Desh abhiyaan and by sharing it on social media on 04-06-2023. The event was organized under the supervision of Principal, Mrs.Neelu Jhanji and was coordinated by Dr.Kiran Walia, Programme Officer, NSS Unit of the College.

#### • World Environment Day Celebration

As per guidelines from NSS Department, G.N.D.U., Amritsar, NSS Unit of Montgomery Guru Nanak College of Education, Jalandhar celebrated **World Environment Day** (Under Mission Life) on 05.06.2023 to encourage awareness and action for the protection of the environment. To mark the occasion, all the staff members and students were requested to not to bring or use any kind of plastic to make the College Campus Plastic free. The students also planted trees in the surrounding areas and took pledge to increase public awareness of environment challenges and encourage action plan of Mission Life. The event was organized under the supervision of Principal, Mrs.Neelu Jhanji and was coordinated by Dr.Kiran Walia, Programme Officer, NSS Unit of the College.

# • Celebration of International Yoga Day

NSS Unit of Montgomery Guru Nanak College of Education, Jalandhar celebrated International Yoga Day in the College Premises on 20-06-2023. To mark the occasion, an online

Inter College Poster Making Competition was organized on the theme "Yoga for Humanity". On this day, students of the College performed different Yoga Asana and got to know about the benefits of different Yoga Asanas. Further, the students also took pledge to integrate and encourage yoga through life as directed by Ministry of Ayush. Also the students of the College participated in 'CM Di Yogshala' programme organized by Punjab Government at PAP Ground, Jalandhar on 20.06.2023. Speaking on the occasion, Principal Mrs.Neelu Jhanji motivated students to make yoga as a routine and integral part of their life. Dr. Kiran Walia coordinated the event.

#### LIBRARY CLUB

# Celebration of World Book and Copyright Day

Library Club had celebrated the "World Book and Copyright Day" on the theme 'Read..So You Never Feel Alone' on 23.04.2022 in the college library to promote reading and book culture. Respected Principal Mrs. Neelu Jhanji graced the occasion as worthy chief guest.

On this day, a book exhibition on different themes (new arrivals, literature, reference books, biographies, competitive exams books) has been organized to create awareness among the students and teachers about the different kind of books available in the library. To get to know the library better a Book Hunt competition was held in which names of some books were given to the students and were asked to find those books from the library within specified time duration. Mamta Chingotra (671) and Garima (607) of B.Ed second semester were the winners of this competition.

Students were also asked to bring oldest books from their homes and based on this oldest book owner award was decided to give to the winner. A Book Swap Programme was also organized in which students share their favorite books with one another. The chief guest has felicitated the winners of Book Hunt and Oldest Book Owner Award.

All the members of the library club had put their best efforts to make this event successful and they hope this event would be helpful for the students to read more and more books and be connected with the library. Mrs. Satinderbir kaur co-ordsinated the event.

#### **IQAC**

Under the Student Enrichment Programme, Internal Quality Assurance Cell (IQAC) of the College organized a series of Extension Lectures and invited various Eminent Resource Persons to delivered lectures for the overall development of personality of the faculty members and students.

#### Seminar on Child Psychology in Teaching

Alumni sponsored seminar was organized on 08.06.2023 in the College Premises on the topic 'Child Psychology in Teaching'. The resource person of the day was Dr.Harjit Kaur, Retired Associate Professor, Montgomery Guru Nanak College of Education, Jalandhar. While speaking on this occasion, she said that understanding Child Psychology is very essential in order to understand the behavioral patterns of the child during different stages of life. She also added that during every stage of life the way to handle and guide the child is so crucial for him to become a well adjusted entity. Further, she said that every child is different and his/her pattern of

growth especially the conative aspect of his/her personality is different. At initial stage of education the story telling method is proved to be the most effective way to develop the imaginative aspect of the child's personality.

Further, she also stressed that carefully printed text books, lecture method along with demonstrations, Montessori teaching, play way teaching, role playing, dramatization, brainstorming tutorials, project methods and discovery methods along with the use of technology are really helpful methods which are used according to the diverse needs of the child. During the lecture, she also reflected on the importance of role of parenting in the personality development of the child as it is the most important way to rear the child in a health way. Typical parents want to see their ward to be winner and in front row, but she said that everything in life is horizontal. So, she further suggested that parents need to have understanding about the interest of the students to guide them for giving their best in life. IQAC Cell of the College along with Alumni Association Coordinator the event.

# 62<sup>nd</sup> ANNUAL SPORTS MEET

# • 62<sup>nd</sup> Annual Sports Meet

62<sup>nd</sup> Annual Sports Meet was organized in the college premises on 03-03-2023. The opening ceremony of the Sports Meet was inaugurated by Princiapl Mrs.Neelu Jhanji, who declared the 62<sup>nd</sup> Annual Sports Meet open. In Fancy Dress Competition Vanshika Aggarwal stood First, Mamta Chingotra got Second position and Monika stood Third and Chetna got consolation prize. **Noor Ala Noor was declared Best Athlete (Boys) & Anshu was the Best Athlete (Girl)** of the College.

More than 100 students participated in various events like 100 m race, 200 m race, long jump, shot put, relay race, obstacle race, apple race and Tug of war. Sports events were followed by cultural events like Folk Song, Songs, Skit, Mono Acting, Dances & Gidha. Judgement of Fancy Dress Competition was done by Dr.Ravjeet Kaur and Mrs.Geetanjali Mittu. The cultural events were coordinated by Dr.Pooja Bhardwaj and S.Maninder Pal Singh. The stage was conducted by Dr.Pooja Bhardwaj. The 62<sup>nd</sup> Annual Sports meet was co-ordinated by Mrs.Surjit Kaur, Mrs.Gaganpreet Kaur and Mr.Harkamaljit Singh.

# **INTER HOUSE COMPETITIONS**

# • Inter-House Thematic Display Board Competition

With an aim to inculcate the habit of working together as a team and loyalty towards the task, an Inter-House Thematic Display Board Competition was organized in the College.Interhouse display board competition provide myriad experiences and opportunities to the students to present their artistic talent and views. It was organized on 01-05-2023 for B.Ed semester- IV on the theme Positive Attitude: A Need of Current Scenario. The students of all the three Houses – Gandhi, Tagore and Aurobindoparticipated with full enthusiasm. Students and teachers worked in teams and brainstormed to put across the information on the

board innovatively. The outcome of the effort was stupendous with artistically presented display boards with not just the information presented effectively but also with the ambience of the classroom created. The Competition was tough and the judges Dr. Ravjeet Kaur and Mrs. GeetanjaliMittu complimented all the children for putting up excellent display boards. **Aurobindo House** had presented the theme Time Management for Enhancing Productivity.and bagged the **First Position** while **Gandhi House** bagged the **second position** for displaying the theme, Optimistic Attitude Towards Life. Whole event was coordinated by Mrs. Jaspreet Kaur.

# • Inter House Teaching Aids Competition

Inter House Teaching Aids Competition was conducted on 26.05.2023 in the College Premise. Students of B.Ed semester II and IV were the participants. Students made their teaching aids in different subjects with low cost and waste material. Judgement of the competition was done by Dr.Radha Arora and Dr.Ravjeet Kaur. Students were very enthusiastic and interactive during the competition. Students fulfilled the queries of the judges and judges appreciated the efforts of students. This competition was organized by Mrs.Surjit Kaur under the supervision of Mrs.Neelu Jhanji, Principal Montgomery Guru Nanak College of Education, Jalandhar

#### • Inter House Preparation of PowerPoint Presentation Competition

Cyber Club of Montgomery Guru Nanak College of Education, Jalandhar organized Inter House Competition on 'Preparation of PowerPoint Presentation' for B.Ed. Semester II students on the theme 'Social Media' on 27.05.2023. The sub-themes of the Competition were:

- > Educational Implications of Social Media
- > Impact of Social Media on Education
- > Impact of Social Media on Behaviour
- Social Media as tool for teaching
- > Social Media as disseminator of Education

Following students got different positions in the competition:

Item		Name		Father's Name	Class/R.No	Position
Inter House	e	Harleen	Kaur	Sh.Jatinder Singh Sahnan	B.Ed. Sem-II/101	First
PPT		Sahnan				
Competition		Chetna		Sh.Ashok Kumar	B.Ed. Sem-II/106	Second
		Ranchana Kumari		Sh.Sanjay Kumar Pandey	B.Ed. Sem-II/113	Third

The judgment was done by Mrs. Shivani Gulati and Mrs. Sakshi Sharma. Credit was given to novelty of ideas, technical accuracy and aesthetic presentation. Mrs. Sakshi Sharma co-ordinated the event.

#### OTHER COLLEGE ACTIVITIES

# • Teacher's Day Celebration

'A Teacher presents the past, reveals the present and creates the future'.

These words of Dr.Sarvapalli Radhakrishnan echoed in the College premises on 05-09-2022 as the college paid tribute to teachers by organizing 'Teacher's Day' in the College Campus. On this day, Ankita reflected on the Role of teacher suggested by Rousseau. On this day, Mamta with her poem gave tribute to teachers and called teachers the toarch bearer, mentor and guide. Amit with his speech, saluted the dedication of the teachers. A plantation drive was also being held on this day in which all the teachers planted medicinal plants in the college premises. While speaking on the occasion, Principal Mrs.Neelu Jhanji said that teachers hold a special place in our lives. They not only teach us but also make us a better person. She also appealed the would be teachers to follow the path of selfless commitment. The event was coordinated under the guidance of Principal Mrs.Neelu Jhanji.

#### Celebration of Ardas Diwas

To gather the blessings of the "Almighty" for the beginning of the session, M.G.N. College of Education, Jalandhar organized the **Ardas Diwas** on 22-10-2022 under the guidance of Mrs.Neelu Jhanji. 'Ashtapadis' from Sukhmani Sahib Paath were enchanted on the day. On this ocassion Bhai Gurlal Singh Ji, Head Granthi, Gurdwara Sri Guru Singh Sabha, Dilbagh Nagar, threw light on the bani as it urges that an individual must inculcate values like sympathy, calmness, service and contentment. While speaking, he also focussed on inculcating these values from a teacher to become the better citizens for the society. Kirtan was performed by the students of the College under the supervision of S.Maninder Pal Singh.

On this ocassion, Principal Mrs.Neelu Jhanji especially joined the 'Ardas' for the success of new session. Guru da Langer was also distributed to all after the Paath.

#### • Celebration of National Education Day

National Education Day was celebrated in the College premises on 11-11-2022. The theme for the event was 'Role of Teacher in Enhancing 21<sup>st</sup> Century Skills – Cultivating Learning Skills'. On this day, Palak with her speech reminded Gandhi Ji's vision about education and the relevence of his philosophy of education in current scenario. Prabhpreet with her speech suggested the ways to cultivate learning skills amongst students. Sonam and Akshi with their poems gave message to the youth to focus on the goal of life. Through different videos ways to motivate learners and methods for cultivation of learning skills were suggested.

While speaking on the occasion, Principal Mrs.Neelu Jhanji said that education is the most important tool one can have to survive in this world. She also suggested to use education for developing sense of innovation and creativity. The stage was conducted by Ranchana. Dr.Seema Rani coordinated the event.

#### • Trip to G-20 Summit at Amritsar

Students and faculty members of the college visited Amritsar and witnessed the exhibition/seminar under G-20 Summit held in the Khalsa College, Amritsar on 16.03.2023.

There were around 70 stalls from various Countries including India exhibiting the innovation in different fields. During the exhibition, students of the College witnessed various global technological advancements and researches in the field of education, agriculture, health and wellness. Along with this there were display of Art and artifacts of Punjab for the students to know about the rich cultural heritage of Punjab. 34 students from B.Ed Sem-II and Sem-IV along with teachers including Dr.Pooja Bhardwaj, Dr.Seema Rani and S.Harkamaljit Singh accompanied the students. Dr Radha Arora coordinated the event.

#### • Jan Bhagidari Activities

As per the directions of National Council for Teacher Education, Internal Quality Cell of Montgomery Guru Nanak College of Education, Jalandhar conducted Jan Bhagidari Activities to commemorate India's G20 Presidency. Under this, Poem Recitation competition was organized on the theme 'Foundational Literacy and Numeracy (FLN)'on 07.06.2023. In this competition Mamta Chingotra got first prize, Dawinderjit Kaur stood second and Mehak got third prize. In continuation with the event, an Exhibition of paintings on different themes, such as Education, gender sensitization, mental well-being was also organized on 08.06.2023 for the students. On this occasion, Principal Mrs.Neelu Jhanji motivated the students to contribute towards the spread quality education. Dr.Pooja Bhardwaj and Dr.Pooja Arora coordinated the event.